



# PCMSC Newsletter

## May 2013

P.O. Box 682577

PARK CITY, UTAH 84068-2577

WWW.PCMSC.ORG



**Snowshoe in Summit Park led by Bub Carlson**

### *Upcoming May 2013 TGIF*

<b>May 3</b>	No Name Saloon & Grill,	447 Main Street, PC
<b>May 10</b>	Cortona Italian Café,	1612 Ute Blvd. #112, Kimball Junction
<b>May 17</b>	Tarahumara,	380 E. Main Street, Midway, UT
<b>May 24</b>	Cisero's,	306 Main Street, PC, UT
<b>May 31</b>	Buona Vita Ristorante Italiano,	804 Main Street, PC, UT

Noelani Kauhane, TGIF coordinator

If you know of a bar, club or restaurant which would appreciate our Friday night business, please let Noelani Kauhane know at [nkauhane@gmail.com](mailto:nkauhane@gmail.com)

**Please note: All TGIFs begin at 6:30 p.m. unless otherwise announced.**

## PCMSC Board of Directors

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Todd Thibalt

Jan's Mtn Outfitters  
White Pine Touring  
Cole Sports

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bhinton2@gmail.com

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435-649-3719  
kittymiskier@aol.com

TGIF~ Noelani Kauhane  
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nkauhane@gmail.com

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Membership~ Peggy Hanson  
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**~Non-Board Positions ~**

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danderson@dcalaw.org

Alpine Sports~ Bub Carlson  
435-658-4728  
pcbub1@gmail.com

Snowshoe/other~ Kitty Imdahl  
435-649-3719  
kittymiskier@aol.com

Public Relations/  
Newsletter~ Rob Brooke  
224-639-3293  
rbrooke@tribalexpressions.com

ISC Reps~ PCMSC President

To Send Email ~ pcmscemail@pcmsc.org

**To Submit Newsletter Articles:** E-mail to Rob Brooke, [news@pcmsc.org](mailto:news@pcmsc.org)  
**Deadline is 10th of the month.**

**To Advertise in the Newsletter:** Call David Anderson 801-599-0618.

**For Newsletter Subscription:** Change of Mailing or Email Address: contact Peggy Hanson at 435-604-0748 or [peggylhanson@comcast.net](mailto:peggylhanson@comcast.net)

## President's Message,

By Sue Johnson



The seasons change and many of the residents change as well – some leaving Park City after ski season, some coming back to Park City for the beautiful summers and some of knowing the best kept secret – living here full time to enjoy the many year-round outdoor activities! Whatever season you are enjoying in Park City, we invite you to enjoy it with the Park City Mountain Sports Club.

Kitty Imdahl coordinates our winter sports activities along with the many volunteers who assist in leading the various events has just finished another fantastic season of winter activities of downhill skiing, cross country skiing, snowshoeing and trips. Thank you all for making this another great winter season of activities for our members and thank you for a job well done! Jon Scarlet, along with the assistance of Chuck Mollard and the many volunteer leaders has begun to schedule our summer activities. While the club can continue to look forward to our hiking, biking and golfing, we are adding some new twists to these activities. Chuck Mollard and Bob Johnson are coordinating bike rides at 3 different levels so more people could participate at their respective abilities. Jan Jaworski is coordinating a new type of hike that is designed to enjoy the scenery such as blooming flowers, staircases in old town, Rock Cliff Nature Center and many other great locations throughout this area. Continue to read the newsletter for our updated activities.

We always welcome new ideas and participation from our members, so please reach out to a board member and share your thoughts with us. I look forward to seeing everyone at one of these fun activities!

## “SLOW TURTLE” WALKS

PCMSC is pleased to announce a new, easy hiking group as an addition to the other hikes in the summer sports program. We thank Jan Jaworski for coming up with this concept and volunteering to coordinate what she has named “Slow Turtles”. She advises the intention is for the group to laugh, learn and observe on these hikes.

The idea is to have theme walks. We can brainstorm on places the group might visit such as: Old Town Stair Cases, the Red Cliff Nature Area on the east side of Jordanell Reservoir, finding the outdoor pianos and moose, learning about some of the pocket parks in Park City and the Pinebrook Canyon. Other suggestions are most welcome and should be sent to Jan so she can add them to the list.

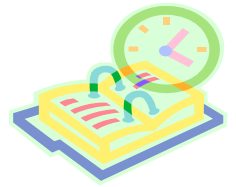
In order to avoid conflicting with other summer programs, the “Slow Turtles” will walk on Mondays during the evenings of June 3 & 17, July 1, 15 & 29 and August 5 & 19. The hikes will begin at 5:30 PM, unless the leader of the hike posts a different starting time. As with all PCMSC activities, participants are requested to arrive a few minutes before the posted start of the hike. Don't get left behind! In accordance with Club policy, all participants in Club hikes (member and/or guest) must sign a “PCMSC Activity Release Form”, which shall be presented to hikers by the hike leader at the meeting location prior to the start of the hike.

CONTINUED ON P.7. TURTLE

May 2013

## ***Synopsis of Minutes of Board of Directors Meeting, April 2, 2013***

***By Becky Hinton***



The meeting was held at Ruby Tuesday's and called to order at 7:05 pm. Directors in attendance were Jeri Brooke, Sue Johnson, Stan Hooley, Becky Hinton, Peggy Hanson, Paddy Mollard, Kitty Imdahl, Sylvia Bennion and Kathy Kelleher. Also in attendance were Chuck Mollard and Bob Johnson.

A quorum was present. The minutes from the February 26, 2013, meeting were approved.

President Sue welcomed our new Board Members Kathy Kelleher and Sylvia Bennion, and thanked the entire Board for their willingness to serve.

There have been some concerns expressed by Club members about the number of e-mails being sent out. Going forward, only e-mails pertaining specifically to Club activities will be sent out.

The 2013 Club Directories have now been mailed out to members who did not pick them up previously. Current membership stands at just over 400.

Dogs & Suds, the Club's annual summer picnic is scheduled for Friday, June 14. Save the date for this fun evening in City Park.

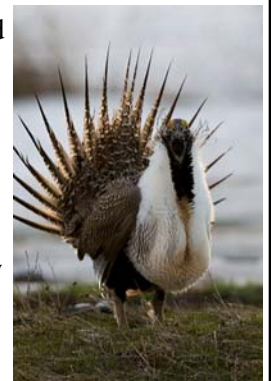
TGIF's are set for April as follows:

- April 5 – Jupiter Bowl
  - April 12 – Miners Grill & Sports Bar
  - April 19 – High West Distillery
- April 26 – Potluck at the home of Steve & Barbara Pohlman

Thanks to everyone who led winter events. We are now looking ahead to the summer activities. Hikes and bike rides are being planned. Please let the hiking leaders know if you would like to lead a hike, and contact Chuck Mollard or Bob Johnson if you are interested in leading bicycling events.

### ***Hikers Will Be Needed To Help Conserve Sage Grouse***

Before settlement, about 16 million Greater Sage-grouse lived in 11 western states. They depend on sagebrush for both food and cover throughout the year. Not surprisingly, relatively few intact sagebrush landscapes remain unfragmented by housing developments, fences, roads, drilling rigs, large scale wildfires, or overgrazing. Consequently, Greater Sage-grouse population numbers are falling sharply and have declined to as few as 200,000 birds over half their historic range. In 2015, the U.S. Fish and Wildlife Service must decide whether or not to list the Greater Sage-grouse under the Endangered Species Act (ESA). The conservation goals of our management alternative are: 1) Increase Greater Sage-grouse populations to a level where they are ecologically viable, locally and regionally secure, and producing an annual, harvestable surplus and 2) Restore and maintain sagebrush steppe habitat to its ecological potential across the historic range of sage grouse.



About half of the Greater Sage-grouse habitat is on private land. Here the Natural Resources Conservation Service (NRCS) is working with farmers and ranchers to improve grazing practices and increase cover in which nesting grouse hide and to mark fences so they are visible to Sage-grouse.

Sage Grouse fly into their breeding grounds before dawn. They often strike barbed wire fences in the area and are hurt or killed when they do. Decapitated birds have been found by these fences. This year, the NRCS and Utah Division of Wildlife Resources hope to mark 500 miles of fence in UT. Summit County will be their pilot project. I will be helping those agencies by finding hikers willing to spend some time hanging reflective markers on fences in key areas. When permission has been granted and markers available, I will send out a notice asking for volunteer hikers willing to help.

If you have questions, contact Marion Klaus at [marionklaus@comast.net](mailto:marionklaus@comast.net) or 435-604-0314.

## ***PCMSC HIKING SEASON***

PCMSC advises that organized hikes will be starting on April 28 and continue through the summer into the fall. Details on the hikes including the level of difficulty and general description, together with the meeting location will appear in the monthly Newsletter. These details will also be sent via email to all members three days in advance of all scheduled hikes. A schedule of the hikes for the upcoming month is posted on the calendar on the Club's website.



### **Sunday, April 28**

Diane & Paul Schnarr will lead a moderate hike on the Bonneville Shoreline Trail along the slope of the Wasatch Mountains where the old shoreline of Lake Bonneville met the hills. This hike has varied terrain and usually wonderful spring flowers. Meet at Park City Bread & Bagel at Quarry Village at 9:15 AM or at the Walmart parking lot at Parleys Way in Salt Lake at 9:35 AM, or the trailhead at 10:00AM. We plan to have lunch at McCools afterwards so choose your carpool companions based on lunch. Dogs are welcome.

Leader - Paul & Diane Schnarr - Home: [801-943-9056](tel:801-943-9056) Cell: [801-502-8202](tel:801-502-8202)

### **May Hikes**

#### **Saturday May 4<sup>th</sup>**

Jay Frankenfield will lead a moderate hike at Glenwild. This will be a great opportunity to get started with a beautiful hike up and through Glenwild, (about 2.5 hours and 800 feet elevation). Vistas sweep across the Swaner Nature Preserve to the Mountain resorts on the other side. Meet at Park City Bread & Bagel at Quarry Village at 10:00 am. Bring hiking essentials and a snack to eat at the top. Dogs are welcome.

Leader - Jay Frankenfield - [jayfrank@mindspring.com](mailto:jayfrank@mindspring.com), home office [801 485 0375](tel:801-485-0375), or cell [435 901 2744](tel:435-901-2744)

#### **Sunday, May 12<sup>th</sup>**

Bub Carlson will lead a moderate hike up Georges Hollow behind the Huntsman Cancer Research Center at the U of Utah. This is adjacent to and south of the Living Room hike, but we will continue up to the ridge overlooking the city and Red Butte Canyon. The hike will have about 1200 vertical and will take 2.5 hrs. A shorter version just up to the Living Room, 750 vertical, is an alternative for those who wish. Meet at Park City Bread & Bagel, Quarry Village at 9:30 am or at the trailhead immediately north of the Huntsman on Colorow Dr at 10:00. Bring hiking essentials and a snack to eat at the top. Dogs are welcome. We will go out for brunch afterward for those interested. Leader - Bub Carlson - [pcbub@gmail.com](mailto:pcbub@gmail.com) or home - 435-658-4728

#### **Saturday May 18<sup>th</sup>**

Rob Brooke will lead a moderately fast hike to the top of Murdock Peak, 9,602'. With multiple approaches from the west, Mill Creek, the north, Lambs Canyon, and the east, Rob's Trail. I would like to reserve selection of the ascent trail depending upon weather and trail conditions.

Meeting at Park City Bread and Bagel, Quarry Village at 8:00 A. M. and trail head departure by 9:00. I believe we could summit and return to our vehicles by early afternoon. Being close to Canyons Resort, a snack and a beer at Draft's would be an ideal way to end the hike. Contact Rob Brooke, [rbrooke@tribalexpressions](mailto:rbrooke@tribalexpressions) or 224-639-3293, if you have questions.

#### **Sunday, May 26<sup>th</sup>**

Cobblestone Loop Hike. Cobblestone is an easy to moderate hike; 2 to 2 1/2 hour with a gentle climb or elevation. Located behind Gleenwild in Park City. We will meet at 9:30 am at the TJ MAXX parking lot, across from Smith's Grocery. We can carpool to the trail head 1—2 miles from the meeting place. Dogs welcome. Lunch after the hike if you're interested. Questions call: Anke Meek Cell 435-901-1084

*Members are reminded to bring the "SIX ESSENTIALS" on hikes as listed on the Club's website. All participants (members and/or guests) must sign a "PCMSC Activity Release Form", which shall be presented to hikers by the hike leader at the meeting location prior to the start of the hike.*

# May 2013

SEE EVENT PAGES, STORIES and WEB SITE FOR DETAILS and FULL DESCRIPTIONS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 TGIF No Name Saloon & Grill	4 Moderate hike at Glenwild
5 Rail Trail Clean-up	6	7	8	9	10 TGIF Cortona Italian Café	11
12	13	14	15	16	17 TGIF Tarahumara	18 Moderate hike Murdock Peak
19	20	21	22	23	24 TGIF Cisero's	25
26 Cobblestone Loop Hike	27	28	29	30	31 TGIF Buona Vita Ristorante Italiano	

## **PCMSC CYCLING NEWS**

Scheduled cycling rides will commence in June, so be sure to check the June newsletter. The schedule of rides can also be found under the “Calendar” tab on the PCMSC website. In addition, each Wednesday the rides for the following week, Saturday through Friday, will be sent via the Club’s email list. As the weather warms up there will be non-scheduled “show and go” rides in May, but they will be advised by individual email blasts to members.

Details on the road cycling format can be found on the PCMSC website under the “Biking” tab – “2013 Road Bike Format”. Anyone interested in riding should become familiar with the description of the three levels of road biking rides. It should be noted that riders going on B or C rides will not be left to ride on their own if they cannot keep up with the main group. However, if a rider finds that they cannot keep pace with the other riders in the group; they should consider dropping down to the next level on their next ride until they get stronger later in the summer.

In addition, there is a document titled, “General PCMSC Road Cycling Information”, under the “Bicycle” tab on the Website. Cyclists should read this before the riding season. It should be noted that no one is permitted on a Club ride unless they have a properly fitting bicycle helmet. In addition, all participants in a Club ride (members and/or guests) must sign a “PCMSC Activity Release Form” before going on the ride. This will be presented to the riders by the ride leader at the meeting location prior to the ride.

Rides will start at the time given by the ride leader on the schedule. Therefore, it is suggested that riders arrive 15 minutes before the start time so that the release form can be signed and everyone is ready to start riding at the stated time.



### **PCMSC ROAD CYCLING ESSENTIALS**

While not mandatory, the Club suggests that riders bring the follow five essentials on a ride:

Fluids	Water, sports drink – bring more than the minimum (don’t turn into a raisin)
Clothes	Bright colored cycling shirt and rain jacket is recommended
Food	Power bars or, if there are no food stops noted in the ride description on a long ride, lunch
Personal	Sunglasses, sunscreen, health insurance card, credit card
Equipment	Make sure you bicycle is in good condition. Test tire pressure, brakes and gears before going on a Club ride. A spare tube, patch kit and pump should be in your tool kit. A cell phone is highly recommended. A rear view mirror can be handy.

### **MILEAGE LOG**

For those persons that want to track their ride mileage, there is a log in an excel format that can be used to track your monthly mileage. This can also be found under the “Bicycle” tab on the Website and it titled “Bike Logs”. If you have any question on how to use the log sheet, please contact one of the coordinators and they can help you get started.

### **BIKE HELMET**

Also, there is a posting on the Website regarding bike helmets. It was written several years ago, but is still applicable. We look forward to seeing many of you out on your bike.

### **CELL NUMBERS OF CYCLING COORDINATORS:**

Bob Johnson – 908-310-3824

Chuck Mollard – 917-881-9022

## ***Rail Trail Clean-up – Sunday, May 5<sup>th</sup>***

Please join us at 10:00 A.M. on Sunday to help clean up a section of the rail trail. Mountaintrails will provide bags/ gloves and use of a utility vehicle. The area on the Rail Trail that typically needs the most attention is the section from I/80 heading down Silver Creek Canyon. Please drive down the Frontage road (left at Burt Brothers) and park where the trail crosses in front of Pace Ranch.

May 2013

>>> "Free Advertising For Our Members" <<<

Contact

[danderson@dcalaw.org](mailto:danderson@dcalaw.org)



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**Tears of Comfort**

by Jan Jaworski

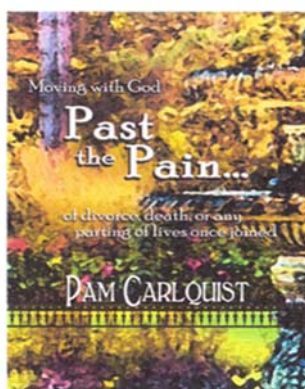
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**CONTINUED FROM P.2. TURTLE**

The walks will be one to one and a half hours long and shall be at a slow pace as the name, "Slow Turtles", implies. It is suggested that this be a dog free hike and Jan has advised that she will be leaving her dog at home. If a hike leader wants to include dogs, he or she may make that call and post that information in the hike description. The leader may choose to have the group take the local, free bus from one area to another.

Participants will have the option to join the group to eat dinner following the hike at a budget friendly restaurant. The leader may organize a picnic if we are away from town. As with most of the Club's activities, we need volunteer leaders for these walks. Rob Brooke has agreed to kick-off the program with a walk on June 3<sup>rd</sup>. He will lead us to discover some of the stair case walkways in Old Town Park City along with a bit of history.

Leaders are requested to pre-hike the hike they have chosen to lead. Details on the proposed hike, meeting location and the leader's cell number will be posted in the monthly Newsletter and via an email blast several days before the hike. Anyone wishing to lead a "Slow Turtle" walk should contact the coordinator, Jan Jaworski. Jan's email address is [janski@mwutah.com](mailto:janski@mwutah.com) and phone is 435-658-4903.

PCMSC is excited to be able to offer this new concept and hopes members will support this program by their participation and a few volunteers to lead.

**FIRST ALERT!!!!**

Please be sure to hold the date Friday June 14, 2013 for our annual "Dogs & Suds" BBQ



May 2013

## ***PCMSC May BIRTHDAYS 2013***

- 1 Lisa Peters
- 2 Chuck Wells, Ginnie Noxon
- 3 Lisa Hunter, Carol McCarthy
- 4 Mike Davison
- 6 Chris Hague
- 7 Soozie Redkey
- 8 Donna Kozlowski
- 12 David Stuart
- 13 Mark Lukens, Jill Evans
- 15 Rob Follett
- 17 June Krigman
- 19 David Kehrl
- 23 Jack Watson
- 24 Patricia Kravtin, Cheryl Leonard, Evelyn Saunders, Richard Codell
- 25 Terry Riley, Pat Pond, Nils Hultgren
- 26 Frank Hazelwood, Nora Fling
- 27 Mary Gootjes
- 28 Max Miller, Bonnie Henderson
- 29 Duane Karren
- 30 Pam Carlquist, Anke Meek, Alida Kehrl



## ***Special Interests Resource Contacts***

PCMSC now has a number of people who have volunteered to provide our members with information on activities available in Park City. Please contact the following people if you would like to receive the information they have put together:

### **BRIDGE:**

We do not teach but if you wish to play in one of the Club Bridge groups, please contact Bub Carlson [pcbub1@gmail.com](mailto:pcbub1@gmail.com)

### **ICE SKATING:**

Cindy Gastonguay  
[cgastonguay@comcast.net](mailto:cgastonguay@comcast.net)

### **WILDLIFE PROTECTION SOCIETY:**

Jackie Fehr [ular@earthlink.net](mailto:ular@earthlink.net)

### **QUILTING, KNITTING, SPINNING GROUPS**

Peggy Stuart [pudelfreund@juno.com](mailto:pudelfreund@juno.com)

## ***NEW MEMBERS IN APRIL***

Ed and Mary Sumner, Becky and Steve Shefman, Lita and Mike Hoffmann  
Tricia and Ted Browne

**at [www.pcmssc.org](http://www.pcmssc.org)**  
**Visit the PCMSC website**  
Park City, Utah 84068-2577  
P.O. Box 682577

