



PCMSC Newsletter

November 2013

P.O. Box 682577
PARK CITY, UTAH 84068-2577
WWW.PCMSC.ORG

ANNUAL HOLIDAY PARTY

Saturday, December 7, 2013
Park City Marriott on Sidewinder Drive



The lights will be dazzling all over Park City as we celebrate our annual Holiday Party. The party will start at 6:30 PM with appetizers to delight and a full cash bar.

A sit down dinner will follow with three entre choices (to be decided) or a vegetarian selection is also available. "House wine" will be available to purchase by the glass or bottle to add to the evening's enjoyment. (Utah law does not permit BYOB at the party.)

We will dance the night away to the "Dizzy Desoto" band, which had everyone on the dance floor at our March bash!

"Take the elevator home" rooms will be available for those who wish to stay the night on a first come first served basis. The price is approximately \$109 for the night. There are 4-5 rooms set aside for this purpose as of this writing. amend the forth paragraph, second sentence to the following: "The price this year will be \$79.00 plus tax."

Free parking is available in the parking lot in front of the hotel or in the parking area under the hotel.

Tickets will be available for purchase at the same price as last year - \$55.00 per person.

Tickets may be purchased from any Board member: Sue Johnson, Kathy Kelleher, Becky Hinton, Stan Hooley, Jeri Brooke, Sylvia Bennion, Peggy Hanson, Lisa Hunter, Jon Scarlet or Paddy Mollard.

Mark your calendar and let's celebrate the beginning of the Holiday Season together on Saturday, December 7th.

Upcoming November 2013 TGIF

- November 1** Halloween Spooktacular - Sun Peak Club House on Bear Hollow Drive
- November 8** Baja Cantina - 1284 Lowell Ave Park City, UT 84060 - 435-649-2252
- November 15** Billy Blanco's Motor City Mexican - 8208 Gorgoza Pines Rd, Park City, 435-575-0846
- November 22** Buona Vita - 804 Main, Park City, UT 84060 - 435-649-1336
- November 29** NO TGIF - Happy Thanksgiving

Noelani Kauhane, TGIF coordinator

If you know of a bar, club or restaurant which would appreciate our Friday night business, please let

Noelani Kauhane know at nkauhane@gmail.com

Please note: All TGIFs begin at 6:00 p.m. unless otherwise announced.

PCMSC Board of Directors

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Charlie Sturgis White Pine Touring
Todd Thibalt Cole Sports

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hunt5994@bellsouth.net

TGIF~ Noelani Kauhane
702-336-5728
nkauhane@gmail.com

Social~ Paddy Mollard
435-214-7567
paddymollard@gmail.com

Membership~ Peggy Hanson
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peggylhanson@comcast.net

~Non-Board Positions ~

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danderson@dcalaw.org

Alpine Sports~ Bub Carlson
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pcbub1@gmail.com

Snowshoe/other~

Public Relations/
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224-639-3293
rbrooke@tribalexpressions.com

ISC Reps~ PCMSC President

To Send Email ~ pcmscemail@pcmsc.org

To Submit Newsletter Articles: E-mail to Rob Brooke, news@pcmsc.org

Deadline is 10th of the month.

To Advertise in the Newsletter: Call David Anderson 801-599-0618.

For Newsletter Subscription, Change of Mailing or Email Address: contact Peggy Hanson at 435-604-0748 or peggylhanson@comcast.net

President's Corner,

By Sue Johnson



It seems like everyone has been enjoying the beautiful fall weather with a large number of people participating in the club's many activities! Thanks to Jon Scarlet for doing such a great job with all of the summer activities (as it now draws to an end and the winter activities will start.) A special thanks to all of the monthly hike coordinators and each of the hike leaders for leading great hikes which made this year the largest number of participants yet! We have had an increase in our number of hikes throughout this season to 60. Thanks too to Jan Jaworski for creating a "slow turtle" hiking program this year. There were over 100 participants on 8 hikes throughout the summer. Not only were they enjoyable hikes, there was a lot of interesting Park City history pointed out along the way. Thank you to John Logan for once again coordinating a great golf program! This year we had 12 Thursdays of golfing throughout the summer. I hope you made at least one of them to see what fun it truly is. Also a special thank you to Bob Johnson and Chuck Mollard who started the bike program with the different levels of A, B and C rides. Thanks too to the many bike leaders who also led great rides. We had the largest number of participants here too who participated in 65 bike rides! What an accomplishment by the leaders and the participants – thank you!

As you know, with the bit of snow that we already had, winter is just around the corner. This year our winter activities will be coordinated by Lisa Hunter our new winter activities director on the board and assisted by Bub Carlson. An e-mail with the winter ski leaders, day of the week and ski resort location has already been sent out. But look for more information as the season approaches.

Just a reminder that the club's Halloween party will be held on Friday, November 1st at the Sun Peak Club and you must come in costume to share in the fun!

Mark your calendar for the Holiday party which will be held on Saturday, December 14th at the Marriott on Sidewinder. A special thanks to Paddy Mollard for all of her time in coordinating both the Halloween party and the Holiday party!

Don't forget to send in your annual membership form and fee of \$25/person. Peggy Hanson has done an outstanding job with coordinating our membership and creating the directory – thank you! We now have over 450 members. It seems like the club is growing due to the many activities that are offered which are of interest to many members. If there is something that you would be interested in please reach out to one of the board members, as we are always interested in hearing new ideas and having more members involved in our many activities.

To all the membership, thank you again for all of your participation and making the club what it is!

Meditation for Busy Lives, by Pam Carlquist

Two years ago, after I attended the second of two 10-day meditation retreats, a number of people asked if I would consider teaching a meditation class before the holidays for interested PCMSC members. I agreed to do so since I've taught several meditation classes through Park City Community Education and have meditated myself almost daily for over 20 years. I thought this might be a good way to give back to some of my friends in the club who have given so much to me over the years.

CONTINUED ON P.3. Meditation

Synopsis of Minutes of Board of Directors Meeting, September 30, 2013

By Becky Hinton

The meeting was called to order at 7:30 pm. All Board Members were in attendance, with the exception of Noelani Kauhane.

Jeri moved to approve the minutes from August 6, 2013, and Sylvia seconded the motion. The motion was approved.

As Noelani Kauhane has relocated to Denver, the Board is in need of a Club member to coordinate TGIF events for December, January and February. Anyone who is interested in taking over for Noe should contact a Board Member.

Treasurer Stan reported that year-to-date the Club's finances continue to be strong with revenues over budget and expenses under budget.

All PCMSC memberships expire on November 1, 2013. Application forms for the new year are currently being mailed to all Club members. Annual dues are \$25 per person and in order to be included in the Membership Directory you must renew by November 1. Please fill the form out completely and be sure to sign and date the General Release Form on the back of the Membership Form.

Get your Halloween costume ready and plan to attend the annual the Halloween party at 6 pm on Friday, November 1 at the Sunpeak Clubhouse. Bring your favorite finger food to share along with your favorite beverage. It promises to be a very fun evening.

The ski groups are all in place and everyone is excited to start the season. Lisa is looking for a Club member to lead snowshoeing excursions, along with cross country ski outings.

The Board agreed that the summer hiking program has been very successful, and is very appreciative of all those who served as hike leaders. There is still some great hiking to be done, so check the newsletter and watch for e-mails about hikes in October and perhaps some lower elevation hikes in November, weather permitting.

The next meeting will be held on Tuesday, November 5, 2013 at 6:30 p.m., at the home of Paddy Mollard.

The meeting was adjourned at 10 pm.

CONTINUED FROM P.2. Meditation

Since then, a number of people have asked me to offer the class again on a Saturday for those who still work during the week and/or for anyone else who is interested. So...

On Saturday, November 16, from 1:00-3:30pm, Pam Carlquist will host a FREE "Meditation for Busy Lives" workshop in her home at 2148 Twilight Court in Park Meadows. This course is open to all PCMSC members and will serve as an introductory course for beginners, a review for those who participated in the first class two years ago and/or a refresher course for those who already meditate but who would like to explore new approaches and/or gain new tools. Participants are asked to come in comfortable clothing and to bring or wear comfortable walking shoes for an easy walking meditation toward the end of the class. Pam will have plenty of chairs and pillows on hand, but participants are welcome to bring meditation cushions if they choose.

Interested members should RSVP prior to Wednesday, November 13, by email to pcarlquist@gmail.com or by phone at (435) 513-0597. Space is limited. Please plan to arrive by 12:45pm so that the meditation session can begin on time. I look forward to seeing you there. Namaste, Pam Carlquist

November 2013

Winter 2013 – 2014 PCMSC Ski Activities

It is time to announce our ski plans for the 2013-14 ski season. We have expanded from 10 to 12 weekly ski events and half of these will be led by two ski leaders at two different levels. We are also expanding into the Cottonwood Canyons for the first time. Although our regular ski schedule will begin on January 1, our Cottonwood ski schedule will begin earlier, especially Brighton. Our weekly ski schedule will be sent out to all members in email blasts on Fridays starting December 26. All announcements can also be found at the PCMSC website on the skiing page. We will also continue to have apres ski parties about every other Sunday. The most extensive ski program of any club in the world just got even bigger!



Tentative PCMSC Ski Schedule for 2013-2014

Sundays, at PCMR: John Logan (801-243-6833) will lead a dbl blue, black group including tree skiing and Bette Scarlet (658-0390 h, 508-769-6975 c) will lead a blue, dbl blue group.

Sundays, at Canyons: Robin Reade (860-989-1519 c) and Don Twigg (860 -989-1517) will lead a dbl blue, black group including tree skiing.

Mondays, at Deer Valley: Pris and Bill Watson (649-1580 h, 659-6725 c, Bill, and 649-6726 c, Pris) will lead blue-dbl blue-black groups including tree skiing.

Mondays, at PCMR: Jon Scarlet (658-0390 h, 508-450-1647 c) will lead a dbl blue, black group including tree skiing.

Tipsy and Taco Tuesdays, at PCMR: Kathy Kelleher (435-657-2803 h, 732-245-6022 c) will lead a blue, dbl blue, easy black group. Meet at 10:45. The group will not stop for lunch, but will stop around 2:30 or 3:00 for happy hour at Baja Cantina. If you are doing something else earlier you are still welcome to join them for some cheap margaritas or beers, cheap appetizers, and fun!

Wednesdays, at PCMR: John Logan (801-243-6833) will lead a dbl blue, black group including tree skiing and Bette Scarlet (658-0390 h, 508-769-6975 c) will lead a blue, dbl blue group.

Wednesdays, at Canyons: Mark (503-718-4510) and Judy Peterman (503-730-5971) will lead a dbl blue, black group including tree skiing.

Thursdays, at Deer Valley: Vince and Mary Lou Gilotti (610-390-1310 c, Vince, and 610-554-8188 c, Mary Lou) will lead blue, dbl blue, black groups including tree skiing.

Ski and Quench Thirst Thursdays, at PCMR: Jackie (640-8050 c) and Tim Fehr (640-8050 c) will lead a blue, dbl blue, easy black group. Meet at 10:45. The group will not stop for lunch, but will stop around 2:30 or 3:00 for happy hour at Baja Cantina. If you are doing something else earlier you are still welcome to join them for some cheap margaritas or beers, cheap appetizers, and fun!

Fridays, at PCMR: Don Jacobs (901-2356) will lead a blue, dbl blue group.

Fridays, at Canyons: Herb Lichtenstein (401-868-5758 c) will lead a dbl blue, black group including tree skiing.

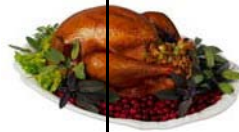
Saturdays, at PCMR: David Anderson will lead a dbl blue-black group including tree skiing; for questions contact David at 801-599-0618. He will always lead on powder days; if not a powder day he will only lead if you contact him in advance.

CONTINUED ON P.6. Skiing

November 2013

SEE EVENT PAGES, STORIES and WEB SITE FOR DETAILS and FULL DESCRIPTIONS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 TGIF Halloween Spooktacular	2
3	4	5	6	7	8 TGIF Baja Cantina	9
10	11	12	13	14	15 TGIF Billy Blanco's Motor City Mexican	16 Meditation for Busy Lives – Pam Carlquist
17	18	19	20	21	22 TGIF Buona Vita	23
24	25	26	27	28	29 NO TGIF - Happy Thanksgiving	30



GROUP MEETING INFORMATION:

We will always begin skiing at 10:00 am SHARP (except Tues & Thurs at PCMR) so make sure you have gone to the restroom in advance; it is not reasonable to expect a group to wait in the cold for anyone who is not prompt! These are our standard meeting locations: DV—the “beach” at Silver Lake in between the restaurant and Sterling lift; PCMR—top of Bonanza lift next to the demo shack; Canyons—inside Red Pine lodge at the top of the gondola; Brighton--base of Crest lift (earlier on powder days); Alta--base of Collins lift (above Goldminer's Daughter); Snowbird--on the plaza near the ticket windows. Most of these locations are one or two lifts up in the ski areas, so make sure you allow yourself plenty of time to get to the meeting places after you arrive at the ski areas.

We have expanded our ski groups to the Cottonwood Canyons, and you can be placed on an email list for that ski area by notifying the appropriate ski leader: Jay Frankenfield for Brighton (jfrankenfield@icloud.com), Paul Schnarr for Alta (paschnarr@hotmail.com), and Chuck Mollard for Snowbird (chuckmollard@gmail.com). Whenever that group will ski you will be notified in advance by an email blast. IMPORTANT: you will not get these email blasts unless you are on their email list. Our regular ski program begins on January 1st, but our Brighton, Alta and Snowbird skiing will begin before January 1st.

If the weather is questionable (too windy, too cold) please check with leaders (by 8:30 am) to be sure the ski day has not been cancelled.

Contact Bub Carlson, PCMSC Ski Coordinator, at pcutbub@gmail.com if you have any questions. More ski information is on the skiing page of the club website at <http://www.pcmsc.org/>.

COTTONWOOD SKI DAYS

ALTA

Paul Schnarr will email the PCMSC group who have expressed an interest in Alta skiing to announce a ski day at Alta. The group will ski powder, mostly through trees, when conditions permit. Early and late season days, we may ski groomed runs if there is any interest. We will meet at the bottom of Collins lift at 10:00 am. On powder days some will get there at 9:00 am (or whenever a road closing and opening permits) and re-group at 10:00. If you are late, please call Paul's cell at 801-647-2127 to arrange a meeting. Please contact Paul (801-943-9056 h or paschnarr@hotmail.com) to join the group. Paul is not expecting a large regular group, so if anyone wants to ski Alta, call him and he will probably be willing to go.

SNOWBIRD

Chuck Mollard (917-881-9022 c or chuckmollard@gmail.com) will lead black-double black skiing off the tram at Snowbird during the months of January through April 2014. He may start earlier in the season, if there is a lot of early snow. The group should plan to meet at 10:00 am sharp at the tram plaza level in front of the ticket window. Please be sure you are ready to go at 10:00 as the group will not be waiting for bathroom breaks or getting tickets. We all are there to ski! If anyone wants to get in some first tracks, Chuck will be at the meeting location at 08:30 to get the first tram which departs around 9:00 AM and thus get one or two runs before meeting the rest of the group.

He suggests, the easiest place to park is on the Alta By-Pass Road below the helicopter pad and then ski down to the plaza. At the end of the day, the group can ski down to their cars.

The Snowbird days will be scheduled based on anticipated above average snow conditions. As a result, the notice for a scheduled ski day at Snowbird will be sent out via an email blast the evening before. If you wish to be notified, you need to send Chuck an email so he can put you on the Snowbird email blast list. Upon receipt of his email blast, he would appreciate a return email if you plan to ski Snowbird the following day so he know how many people to expect. However, if you change your plans at the last minute he will understand as there are no friends on a powder day.

CONTINUED ON P.7. Ski Days

CONTINUED FROM P.6. Ski Days

Your email to Chuck should advise your cell phone number so any last minute changes can be advised by text or personal call.

The plan is to have two or three Snowbird ski days each month there is favorable weather.

If Little Cottonwood Canyon Road is closed for avalanche clearance, please call Chuck on his cell to see if there is an alternative plan.

Please note that Club members who are using a Snowbird ski pass obtained from buying a Season Pass at one of the other resorts are reminded to bring both your season pass for the other resort as well as the Snowbird pass as they will have to be presented at the ticket window to get you day ticket, which will include the tram.

BRIGHTON

Jay Frankenfield (jfrankenfield@icloud.com) will email the PCMSC "Brighton Bunch" to announce ski days at Brighton. The group will ski mostly trees and powder whenever conditions permit. Normally, we will meet at the bottom of the Crest Lift at 10:00. However, on select powder days, Jay's email announcement will include an earlier start time so we get the best powder. If you have a Brighton pass, you can park close to the Crest Lift and walk directly to the lift avoiding the ticket windows and a longer walk. (Note, there are restrooms beneath Molly Green's so you can use those facilities and still park close to the Crest Lift.) If you are late, please call Jay's cell (435-901-2744) and we can arrange to meet.



It was a brisk 32 degrees in Midway Sunday morning October 6, but the "frozen chosen" - Lita Hoffmann, Anke Meek, Pam Carlquist, Anna Lea & Howard Kanton - would not be deterred! And yes, those are cappuccinos delivered mid-ride by SAG/Sherpa extraordinaire, Mike Hoffmann.

November 2013

September 29, 2013, Jiang Ma led the Spiro trail hike at PCMR to Motherload Chairlift.



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Contact danderson@dcalaw.org.



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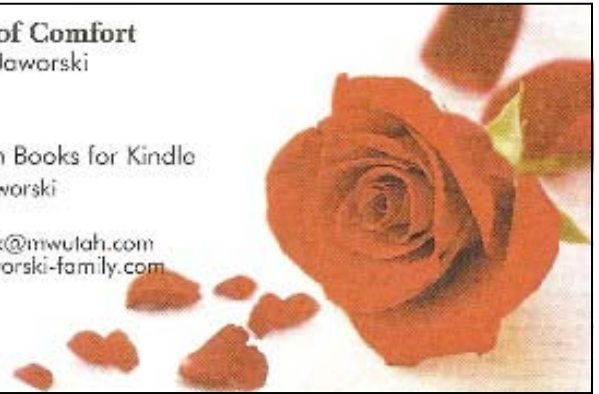
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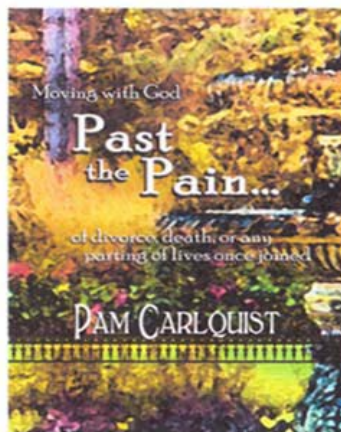
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This is an advertisement by a member for other members' consideration. It is NOT sponsored by the PCMSC." SIGNUP NOW!!! TRIP SELLING OUT!

****SKI TRIP *** JACKSON HOLE, WY****

March 2 - 6, 2014

Cost: \$599 per person double – 5 nights/4 ski days

This price with two per room includes: Five nights Lodging At the Parkway

Inn <http://www.parkwayinn.com/>;

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Contact: Kitty at 435-649-3719 or email Kittyimskier@aol.com for information and questions.

Payment: Make all checks payable to: Winter Ski & Sport and mail to: Kitty Imdahl, PO Box 681295, Park City, UT 84068 \$599 Due Immediately to hold a space.

Cancellation Fee: Nothing before Sept 13, \$20. after Sept 14 to Oct 15, \$30 after Oct 16-Oct 29, \$30 plus unrecoverable after Oct 30. This is a carpool trip and we will have a Pre-trip Party about a month before to go over details.



November 2013

PCMSC NOVEMBER BIRTHDAYS 2013

- 1 Jan Jaworski, Jim Svoboda, Robert Lusardi
- 2 Karen Alston
- 3 Anne Bushyhead
- 5 Robert Heckman
- 6 Marion Klaus, Ben Pontano, Eleonore Page, Diana Smith
- 8 Kathleen Karmel
- 11 Susan LaMere
- 12 Letitia Lussier
- 14 Jeffrey Bahls, Bette Scarlet, Faye Slettom
- 16 Nancy Polleys, Jane Sierk, Susanne Burkett, Betty Suellentrop
- 17 Shirley Smith, Brandy Miller
- 18 James Wilson, Karen Cassity
- 19 Marsha Spitz
- 20 Loretta Zahn, Gladys Huang
- 21 Barbara Saturnino
- 24 John Garreffi
- 26 Jan Davison
- 27 Jeri Brooke, Dick Coplan
- 29 Bill Redkey, Nancy Santangelo



PCMSC Welcomes New Members

Hanz Johansson and Diana Wright, Jessie Bekken

Special Interests Resource Contacts

PCMSC now has a number of people who have volunteered to provide our members with information on activities available in Park City. Please contact the following people if you would like to receive the information they have put together:

BRIDGE:

We do not teach but if you wish to play in one of the Club Bridge groups, please contact Bub Carlson pcbub1@gmail.com

ICE SKATING:

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Gastonguay cgastonguay@comcast.net

WILDLIFE PROTECTION SOCIETY:

Jackie Fehr ular@earthlink.net

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Peggy Stuart pudelfreund@juno.com

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at www.pcmssc.org

