



# PCMSC Newsletter September 2013

P.O. Box 682577  
PARK CITY, UTAH 84068-2577  
WWW.PCMSC.ORG



“Church of the Great Outdoors,” Empire Pass to Jupiter Peak Hike, Jiang Ma leader, July 13, 2013.

## *Upcoming September 2013 TGIF*

- September 6** Potluck, BYOB at Loretta Zahn’s and Scott Wesenberg’s, 2621 Eagle Cove, Park City, 435-649-9187
- September 13** Silver, 508 Main St., Park City, 435-940-1000
- September 20** About Time Pub & Grub, 6400 North New Park BLVD, Suite E4, Park City, 435-658-0101
- September 27** Ruth’s Chris Steakhouse, 2001 Park Ave, Park City, 435-940-5070



Noelani Kauhane, TGIF coordinator

If you know of a bar, club or restaurant which would appreciate our Friday night business, please let Noelani Kauhane know at [nkauhane@gmail.com](mailto:nkauhane@gmail.com)

**Please note: All TGIFs begin at 6:00 p.m. unless otherwise announced.**

## PCMSC Board of Directors

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Charlie Sturgis                 White Pine Touring  
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nkauhane@gmail.com

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paddymollard@gmail.com

Membership~                 Peggy Hanson  
435-604-0748  
peggylhanson@comcast.net

**~Non-Board Positions ~**

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801-599-0618  
danderson@dcalaw.org

Alpine Sports~               Bub Carlson  
435-658-4728  
pcbub1@gmail.com

Snowshoe/other~

Public Relations/  
Newsletter~                  Rob Brooke  
224-639-3293  
rbrooke@tribalexpressions.com

ISC Reps~                     PCMSC President

To Send Email ~              pcmscemail@pcmsc.org

**To Submit Newsletter Articles:** E-mail to Rob Brooke, [news@pcmsc.org](mailto:news@pcmsc.org)

**Deadline is 10th of the month.**

**To Advertise in the Newsletter:** Call David Anderson 801-599-0618.

**For Newsletter Subscription**, Change of Mailing or Email Address: contact Peggy Hanson at 435-604-0748 or [peggylhanson@comcast.net](mailto:peggylhanson@comcast.net)

## President's Corner,

By Sue Johnson



Here it is September and we ask ourselves where did the summer go? I guess it passed so quickly, because there were so many members participating in our many summer actives of hiking, biking, golfing and TGIF!

We had another great turn out for the annual "Hot Fun in the Summer" picnic at the Jordanelle. It was a lot of fun having such great food and camaraderie. I hope many of you had an opportunity to try the Stand Up Padding! Thank you Noe for coordinating another great picnic! Hope to continue to see many of our members at TGIF!

There was a great turnout for the NAC bike ride on August 24<sup>th</sup>. The many participants had a choice of riding 18, 52 or 107 miles. Another great time was had. Thank you to Chuck Mollard and Bob Johnson for coordinating this ride. Bob and Chuck were the leaders along with Judy Horwitz – thanks so much.

The hikes also had some record attendance as well. Thanks to Denny Saturnino who coordinated the hikes during August and lead some as well! Johns Logan is doing a great job with the golf league! There are many people having a great time out on the golf course. Remember this continues through September. So if you haven't had a chance to play a round of golf yet, do reach out to John.

If any of our members would like to lead any of our activities, please let me know, we welcome additional leaders!

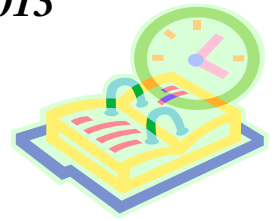


Bill Silliman sets up his close up lens at the Swaner EcoCenter.



## Synopsis of Minutes of Board of Directors Meeting, August 6, 2013

By Becky Hinton



The meeting was held at the home of Jon Scarlet and called to order at 8:30 pm. Directors in attendance were Sue Johnson, Jeri Brooke, Stan Hooley, Becky Hinton, Peggy Hanson, Paddy Mollard, Kathy Kelleher and Lisa Hunter, Sylvia Bennion and Jon Scarlet.

A quorum was present. The minutes from the July 2, 2013, meetings were approved.

Thanks to Sylvia for submitting PCMSC hiking and bicycling schedules to the Park Record. Non-members who are coming for the hikes are encouraged to join the Club. When talking with individuals about Club membership, please remember that at this time of year the dues are pro-rated and are only \$11 from now until the annual renewal period in November.

We are all looking forward to a fun-filled day for the annual “Hot Fun in the Summer” potluck at the Jordanelle State Park on August 23. Details are in the August newsletter.

We are reminded that TGIF’s now have an earlier start time of 6 pm.

The hikes and bike rides continue to be well attended. Members should read the hike/ride descriptions carefully and make sure they are planning appropriately for that level of hike/bike ride. Members who bring dogs on hikes should always be prepared to clean up after the dog if necessary.

Thanks to Jeri Brooke for her time and efforts to make the Club’s website more user friendly and informative.

The next Board Meeting will be on Tuesday, September 3, 2013 at 6:30 pm at the home of Paddy Mollard.



September 2013

## ***PCMSC Hikes September 2013***

September is a great month for hiking – its' getting cooler, the leaves are turning colors, and it is month closer to skiing. Here some great hikes planned by our illustrious hike leaders.

– **Jay Frankenfield**



### **Sunday, September 1<sup>st</sup>**

Bub Carlson will lead a moderate hike up the Twin Lakes Trail in Brighton from Silver Lake, past Twin Lakes, to Twin Lakes Pass between Brighton and Alta. The hike will take about 3 hours, has a 1000 ft vertical, and is 5 mi. The views are outstanding. Dogs are not allowed in Big Cottonwood Canyon. Bring a lunch or a snack. Meet at 9:00 at Wasatch Bagels off Kearns or at the Silver Lake trailhead sat 9:30. Bub's number is 435 658-4728. Review the list of the Six Hiking Essentials.

**Sunday, September 1<sup>st</sup>**, Mt. Superior, a strenuous hike. Skiers are familiar with the commanding views of this majestic avalanche prone area. This strenuous hike will be after the snow melts, so the only risks will be some scrambling and exposure at the summit. The climb may also extend a short distance to Monte Cristo. There is a dispute as to which peak is which—locals and the USGS map are in disagreement. David Anderson (801.599.0618, [danderson@dcalaw.org](mailto:danderson@dcalaw.org)) will lead the hike.. Elevation gain is 2,700 feet to the 11,132 summit; with a duration of about six hours. This is the leader's candidate for the best hike in the Wasatch. Meet at Park City Bagels to informally car pool at 8AM, or meet the leader at the Alta Guard Station at 8:45 AM.

### **Monday, September 2<sup>nd</sup> (Labor Day)**

Diane Schnarr will lead a moderate hike to Summit Park Peak. This is a loop route of about 3 ½ hrs and 5 miles with a 1,300 ft elevation gain. Bring a snack or lunch to eat at the top while we enjoy the wonderful views. Dogs are allowed. Meet at PC Bagels in Pinebrook at 9:00. Diane's number is 801-943-9056 (h) or 801-502-8202 (c). Review the list of the Six Hiking Essentials.

### **Saturday, September 7<sup>th</sup>**

Annemarie Ferrari will lead a moderate Pinebrook Hike. Hiking time is 3 hours and the length of the trail about 5 miles with a 900 foot elevation gain. There is a lot of shade on the way up, and nice views at the top. Meet at PC Bagels in Pinebrook at 9:00. Bring a snack to eat, and don't forget the six hiking essentials. Dogs are welcome. Contact Annemarie with any questions at 801 466 1972 (h) or email [lassig@live.com](mailto:lassig@live.com).

### **Saturday, September 7th, 2013.**

Brighton Rim strenuous hike starts at the base of Mount Majestic Ski Area in Brighton at 9:30 AM. It will proceed to Snake Creek Pass and continue in a clockwise direction over a number of peaks depending upon the group's energy. The first is Pioneer, then Sunset and perhaps Tuscarora, Wolverine and Millicent before returning to Brighton. This will be 7- 8 miles with 3,200 to 3,600 vertical elevation gain and should require five hours. There may be some minor scrambling to reach some summits. No exposure is anticipated. There will not be a defined trail in some locations. The views will start with the Uintah Mountains, Heber Valley and moving to Little Cottonwood. Meet informally at Park City Bread & Bagel, 3126 Quarry Road, Jeremy Ranch exit at 8:45 AM to carpool to the trailhead where the leader will meet you at 9:30 AM. Dogs are not permitted in this canyon. Bring a lunch and the six essentials. Call leader, David Anderson for more information (801.599.0618 or [danderson@dcalaw.org](mailto:danderson@dcalaw.org)).

### **Saturday September 14th**

Jan and Ken Jaworski are leading Slow Turtles on a 2.5 mile, blue, hike as the Christian Center of Park City to help fight hunger. Food Insecurity is 14% in the Park City and surrounding area. For more information you can check out the PCMSC webpage under Community Events. The PCMSC board has approved this activity. Hunger in our community needs to be taken seriously.

Hike begins 3 P.M., at Deer Valley Snow Park Lodge Plaza. Registration begins at 2pm - - Registrations is the responsibility of each participant, not the club. Donation: Adults \$25.- - Or you can bring a non perishable food items for the food pantry to place in the trailer which will be on site. You can pre-register at [www.ccof.org/hike-for-hunger.html](http://www.ccof.org/hike-for-hunger.html). Following the hike there will be a celebration of food with a band and door prizes on the Plaza.

Questions and information: Jan Jaworski 435-658-4903 or [janski@mwutah.com](mailto:janski@mwutah.com) (no texting).

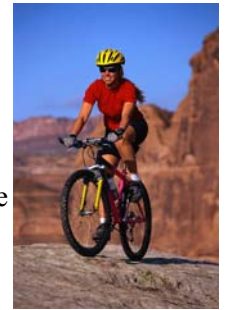
# September 2013

SEE EVENT PAGES, STORIES and WEB SITE FOR DETAILS and FULL DESCRIPTIONS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Mt. Superior, strenuous hike	<b>2</b> Summit Park Peak, moderate hike	<b>3</b> Board Meeting – Paddy Mollard, host	<b>4</b>	<b>5</b>	<b>6</b> <b>TGIF</b> Potluck/BYOB at Loretta Zahn's and Scott Wesenberg's, 2621 Eagle Cove, Park City, 435-649-9187	<b>7</b> Pinebrook, moderate hike  Brighton Rim, strenuous hike
<b>8</b>	<b>9</b>	<b>10</b> A-ride, 37 miles, 2200' vertical	<b>11</b> B-ride, 33 miles some climbing	<b>12</b>	<b>13</b> <b>TGIF</b>  Silver, 508 Main St., Park City, 435- 940-1000  C-ride, 18 miles & Picnic	<b>14</b> Slow Turtles, moderate hike  C-ride, 16 miles, Kimball Junction - Promontory
<b>15</b> Mid-Mountain Trail, moderate hike Pinebrooke to Canyons  Mt. Nebo, strenuous hike	<b>16</b>	<b>17</b> B-ride, 30 miles some climbing	<b>18</b>	<b>19</b>	<b>20</b> <b>TGIF</b> About Time Pub & Grub, 6400 North New Park BLVD, Suite E4, Park City, 435-658-0101	<b>21</b> Notch Mountain, moderate hike
<b>22</b> A-ride, 50 miles lots of climbing  B-ride, 25-30 miles Heber Valley	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b> <b>TGIF</b> Ruth's Chris Steakhouse, 2001 Park Ave, Park City, 435-940-5070	<b>28</b> B-ride, 40 miles rolling hills  C-ride, 20 miles Coalville/Wanship
<b>29</b> Spiro Trail, moderate hike	<b>30</b>					

## **CYCLING NEWS**

Scheduled rides for September



### **Week of August 31 – Sept. 6**

A-ride - August 31 at 8:30 AM – Leader Chuck Mollard – cell 917-881-9022

Meet in Coalville in front of the courthouse. This will be an out and back ride from Coalville to the Lost Creek Reservoir, with some rolling hills. Approximately 50 miles.

B-ride – August 31 at 8:30 AM – Leader Mary Gootjes – cell 773-248-3392

Meet in Coalville in front of the courthouse. This will be an out and back ride from Coalville toward the Lost Creek Reservoir, with some rolling hills. Approximately 30 miles.

C-ride – August 31 at 9:00 AM – Leaders Robin Reade & Don Twiggs – cell 860-989-1519

Meet at the Home Depot in Park City near “for sale” storage sheds. The group will drive from Home Depot and to the Rockport State Park - (bring your park pass). Robin and Don will lead an out and back ride from Rockport State Park to Kamus. They will avoid most of Route 32 and the ride will be fairly flat with a total distance of about 18 miles. Bring a picnic lunch and beverage to enjoy in the Park after the ride - (no grill items).

### **Week of September 7 – 13**

C-ride-- Sept. 8 at 9:30 - Leader Annemarie Ferrari - Cell number [801-466-1972](tel:801-466-1972).

Meet at the Petco parking lot at Kimball Junction. This will be an out and back ride of about 13 miles along the bike trail from Kimball Junction to Park City. There is a slight elevation gain. Only hybrid and Mountain bikes are suitable for this ride.

A-ride – Sept. 10 at 9:00 AM – Leader Paul Pietras - cell 561-350-9750

Meet at Basin Recreation parking lot in Kimball Junction. This will be a Park City loop via Old Ranch Road to PCMR up Promontory and back to Basin Rec.  
– 37 miles with 2200 ft vertical.

B-ride – Sept. 11 at 9:30 – Leader Chuck Mollard – cell 917-881-9022

Meet at Quinn’s Junction parking lot. This will be a ride to Kamus, Oakley and Peoa to Brown’s Canyon and return to Quinn’s Junction – 33 miles with some climbing.

C-ride – Sept. 13 at 8:30 – Leader Judy Horwitz – cell 847-370-6688

Meet at Park City Bagel, Pinebrook. This will be an out and back ride on the scenic Jordan River Parkway (bike trail) in west Salt Lake. A flat ride approximately 8.6 miles each way. Meet at Park City Bagel at Quarry Village at 8:30 or at General Holmes Trailhead, where we will start the ride at about 9:15. Directions for General Holmes Trailhead - Take I-80 west to I-15 South, take exit 303 onto 3300 south and go west. Turn left onto 700 West and proceed about .8 miles and make a right onto Carlisle Park Lane. Go to the end of the street and bear left into the parking lot. Please bring a picnic lunch for the end of the ride - very nice park with bathrooms.

### **Week of September 14 – 20**

B-ride – Sept. 17 at 9:30 – Leader Paul Pietras - cell 561-350-9750

Meet at Basin Recreation parking lot in Kimball Junction. Ride to Old Ranch Road to Trailside, up Promontory and return to Old Route 40 to 224, climb Meadows Drive & return via 224 – 30 miles with some climbing

C-ride – Sept. 14 at 9:30 – Leader David Anderson – cell 801-599-0618

Meet at Wasatch Bagel in Park City. Ride down 224 to Redstone, Old Ranch Road loop to bike trail and return to Wasatch Bagel – 16 miles

**Continued On P. 7. BIKING**

**Continued From P. 6. BIKING**

**Week of September 14 – 20**

B-ride – Sept. 17 at 9:30 – Leader Paul Pietras - cell 561-350-9750

Meet at Basin Recreation parking lot in Kimball Junction. Ride to Old Ranch Road to Trailside, up Promontory and return to Old Route 40 to 224, climb Meadows Drive & return via 224 – 30 miles with some climbing.

C-ride – Sept. 14 at 9:30 – Leader David Anderson – cell 801-599-0618

Meet at Wasatch Bagel in Park City. Ride down 224 to Redstone, Old Ranch Road loop to bike trail and return to Wasatch Bagel – 16 miles

**Week of September 21 – 27**

A-ride – Sept. 22 at 9:00 – Leader Chuck Mollard – cell 917-881-9022

Meet at Wasatch Bagel in Park City. Ride to Deer Valley Silver Lake via Royal Street, then Guardsman Pass to Pine Canyon Drive to Midway to Kamus and then return via 248 – 50 miles and lots of climbing.

B- ride – Sept. 22 at 9:30 – Leader Dana Morgan – cell 435-640-6740

Meet at Heber skate park, West 100 South Street toward Midway. This will be a Heber Valley loop ride of 25-30 miles.

**Week of September 28 – October 4**

B-ride – Sept. 28 at 9:30 – Leader Bob Johnson – cell 908-310-3824

Meet in downtown Coalville near the Court House on Main St. This ride will be out to East Canyon Reservoir and back riding through Echo, Henefer and out RT 65 to East Canyon. This is a 40 mile ride with rolling hills and no big climbs.

C-ride – Sept. 28 at 9:30 – Leader Sue Johnson – cell 908-310-6617

Meet in downtown Coalville near the Court House on Main St. This ride will be a loop on the back roads from Coalville to Wanship and back approximately 20 miles.

***Hiking Video***

Ed Tarmey submitted the following YouTube video link for a hike at Brighton. His friend, Tom Foster, made the video. <http://youtu.be/13O39yG4Upg>



## **Continued From P.4. HIKING**

### **Sunday, September 15<sup>th</sup>**

Jay Frankenfield will lead a moderate hike from the top of Pinebrook to the Canyons via the Mid-Mountain Trail. The hike is about 800 vertical feet and will last about 3.5 hours. Meet at PC Bagels at 9:00 to carpool to the trail head. Bring a snack or lunch to enjoy at the turnaround overlooking the BOA ski run. Contact Jay with any questions at 435 901 2744 (c) or [jayfrank@mindspring.com](mailto:jayfrank@mindspring.com) . Dogs are welcome and don't forget the Six Hiking Essentials.

### **Sunday, September 15<sup>th</sup>**

Pam Carlquist will lead a strenuous hike of Mt. Nebo. This may offer fall colors at some elevations. The hike is to the south peak, elevation 11,877 with a total elevation gain of about 5,300 feet. The duration will be about eight hours. Mt. Nebo is the highest mountain in the Wasatch Range, offers exceptional views and pleasurable hiking. Bring adequate fluids, rain gear (the summit is cool and windy), food and other essentials. Dogs are invited. Please meet at Wasatch Bagels at 7:30 AM to carpool to the trailhead. For more information contact the leader, Pam Carlquist, 435.513.0597 or [pcarlquist@gmail.com](mailto:pcarlquist@gmail.com).

### **Saturday, September 21<sup>st</sup>**

Jon Scarlet will lead a moderate hike on Notch Mountain Trail in the Uintas. This is an up and back route with an elevation gain of about 500ft. The hike will cover about 7 miles in total and may take about 4 hours... We'll see four named lakes: Clegg, Dean, Notch and have lunch at Bench Lake, our turn-around point. Expect a chilly start and of course any weather is possible in the Uintas. We're hoping the mosquitoes will be gone by this time of year. Meet to car pool at Wasatch Bagels in Park City. We'll leave there promptly at 8:15 for the 45 minute ride to Bald Mountain Trail Head which is just past the Bald Mountain Overlook... All cars must display a National Parks Pass when parked in the Uintas. Cell phones don't work in these mountains. Please review the Six Hiking Essentials on the Hiking page of our web site. Jon's cell is 508 450 1647.

### **Sunday, September 29<sup>th</sup>**

Jiang Ma will lead a moderate hike up Spiro to the Motherload lift at PCMR. This is a new hike for the club and Jiang is promising wonderful autumn views around! The hike will take 2.5-3 hours with about 5 miles with 1100' or 1200' elevations gain. Meet at Wasatch Bagels at 9am and bring a snack/lunch to enjoy along with the view at the turnaround point. Contact Jiang at 801 915 0487 (c) with any questions. Dogs are welcome and don't forget the Six Hiking Essentials.

If weather permits, additional hikes will be added and announced via the Club's email.

## ***Slow Turtles Thank You to all PCMSC Friends***

Slow Turtles Hikes have been a huge success this summer, thanks to the help from all club members. We have had 6 hikes involving 110 hikers. The participants have ranged from an Alzheimer's patient to extreme hikers. Monday evening slow turtle hikes have enhanced member satisfaction for time, pace, and trail selection. Participants said they loved the slower pace, time for social interaction, learning about our community, and seeing the landscape from a different point of view.



Slow Turtles will be back next summer and new leaders are encouraged. As the program evolves, your coordinator will add, modify and rotate the successful hikes on a random basis. On recent hikes, you may have noticed that someone other than the leader took charge of the club's release form for signing by the participants. This frees up the leader to act as more of host before the hike begins.

We still have 2 more slow turtles hikes this summer. All members, friends, family and interested parties, at every skill level, are invited to attend.

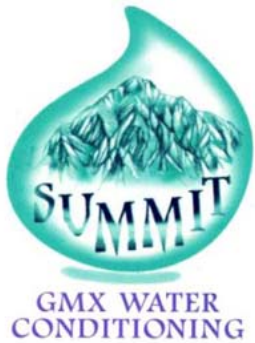
Jan Jaworski Slow Turtles coordinator

September 2013



>>> "Free Advertising For Our Members" <<<

Contact [danderson@dcalaw.org](mailto:danderson@dcalaw.org).



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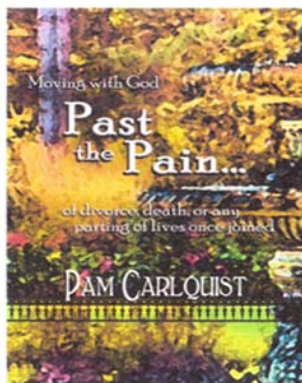
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*"This is an advertisement by a member for other members' consideration. It is NOT sponsored by the Park City Mountain Sports Club."*

### **Jackson Hole Ski Trip**

Limited openings are still available for Park City to Jackson Hole, Mar 2 - 6, 2014. \$599/per person double occupancy for 5 nights lodging and 4 ski days.

This price with two per room includes:

- Five nights Lodging at the Parkway Inn <http://www.parkwayinn.com/>
- 4 of 6 Day Lift Ticket
- Daily Deluxe Continental Breakfast
- Welcome Reception (Wine, Cheese, snacks)
- Daily transfers to the slopes
- Pool, hot tub, & fitness center
- Seniors age 65+ enjoy a \$50 discount on lifts
- An optional day trip w/bus to Targhee approx \$40 depending on date

Please call Kitty at 435-649-3719 or email [Kittymiskier@aol.com](mailto:Kittymiskier@aol.com) for information and questions.

PAYMENT: Make all checks payable to: **Winter Ski & Sport** and mail to: Kitty Imdahl, PO Box 681295, Park City, Ut 84068



## ***PCMSC AUGUST BIRTHDAYS 2013***

1	Dana Morgan	19	Chuck Mollard
2	John Carty	20	Jean Rusk
4	Janet Garreffi	21	Kathleen Haynes, Jack Karmel,
5	Ellen Wells		Jean Daly
10	Kathy Kelleher	24	Mary Swanwick
11	Adele Forman	25	Don Jacobs, Sherrie Bercuson
13	Barry Leaventon, Victor Bell,	26	Sharon Kellner
14	Teri Boone	28	Mary Ellen Segodnia
16	Jane Marantz, Steve Turner, Bonna Fenzl	29	Thomas Argyris, Mary L. Allen
17	Jean Ballinger	30	Cherie Meeboer
18	Bernie Tillson, Bobbie Robinson		

## ***PCMSC Welcomes New Members***

Gary and Marlene Peacock, Betty Suellentrop, Dan Albano, Kevin and Rena Norman, Howard and Anna Lea Kantor, Bonna Fenzl, Sue Wood, Sharon and Mark Gilbert, Lisa Jordan, Geoffrey and Pat Wolpert, Howard and Nancy Carrey, Linda and John Miller, Jody Roseman, Bill and Caprice Benz.

## ***Special Interests Resource Contacts***

PCMSC now has a number of people who have volunteered to provide our members with information on activities available in Park City. Please contact the following people if you would like to receive the information they have put together:

### **BRIDGE:**

We do not teach but if you wish to play in one of the Club Bridge groups, please contact Bub Carlson [pcbub1@gmail.com](mailto:pcbub1@gmail.com)

### **ICE SKATING:**

Cindy Gastonguay  
[cgastonguay@comcast.net](mailto:cgastonguay@comcast.net)

### **WILDLIFE PROTECTION SOCIETY:**

Jackie Fehr [ular@earthlink.net](mailto:ular@earthlink.net)

### **QUILTING, KNITTING, SPINNING GROUPS**

Peggy Stuart [pudelfreund@juno.com](mailto:pudelfreund@juno.com)

***at [www.pcmssc.org](http://www.pcmssc.org)***  
***Visit the PCMSC website***  
Park City, Utah 84068-2577  
P.O. Box 682577

