

PCMSC Newsletter April 2014

P.O. BOX 682577 PARK CITY, UTAH 84068-2577 WWW.PCMSC.ORG



March 8, 2014, 21 PCMSC members on a beautiful snowshoe outing at Daniel's Summit. Most had never experienced this trail. The snow wonderful powder, weather perfect, company terrific, food and service at the Lodge pole Grill exceptional. If anyone is looking for a good place for beginners to moderate (some gentle climbing) snowshoe outing, this is the place. Thanks to Lisa Hunter for the photos and commentary.

Upcoming April 2014 TGIF

4/04/2014	No TGIF
4/11/2014	Rock and Reilly's, 427 Main St., Park City 435-655-2926
4/18/2014	Fuego's Pizzeria, 2001 Sidewinder Dr., PC 84060 435-645-8646
4/25/2014	Sushi Blue, 1571 Redstone Center Drive, Park City #140 at 5-7 p.m. 435-575-4272



If you know of a Bar, Club or Restaurant which would appreciate our Friday night business, please contact Karen Halverson at <u>khalverson01@gmail.com</u>. All TGIFs begin at 6:00 p.m. unless otherwise announced.

PCMSC Board of Directors

~ Honorary Trustees ~								
Jan Peterson Charlie Sturgis Todd Thibalt	Jan's Mtn Outfitters White Pine Touring Cole Sports							
~ Board of Directors ~								
President ~	Kathy Kelleher 435-657-2803 kathykel@aol.com							
Vice President ~	Rob Brooke 224-639-3293 rbrooke@tribalexpressions.com							
Past President~	Sue Johnson 435-487-9044 <u>sue@njwest.com</u>							
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Treasurer~	<u>Stan Hooley</u> 435-649-8182 shooley@comcast.net							
Media/Comm.~	<u>Sylvia Bennion</u> 801-231-0311 sylvia_bennion@hotmail.com							
Summer Sports~	<u>Jon Scarlet</u> 435-658-0390 scarlet202@comcast.Net							
Winter Sports~	<u>Lisa Hunter</u> 770- 630-2233 hunt5994@bellsouth.net							
TGIF~	Karen Halverson 314-304-4007 khalverson01@gmail.com							
Social~	<u>Paddy Mollard</u> 435-214-7567 paddymollard@gmail.com							
Membership~	<u>Peqqy Hanson</u> 435-604-0748 peggylhanson@comcast.net							
~Non-Board Positions ~								
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Alpine Sports~	Bub Carlson 435-658-4728 pcbub1@gmail.com							
Snowshoe/other~								
Public Relations/ Newsletter~	Rob Brooke 224-639-3293 rbrooke@tribalexpressions.com							
ISC Reps~	PCMSC President							
To Send Email ~	pcmscemail@pcmsc.org							
To Submit Newsletter Articles: E-mail to Rob Brooke, <u>news@pcmsc.org</u> Deadline is 10th of the month. To Advertise in the Newsletter: Call David Anderson 801-599-0618. For Newsletter Subscription, Change of Mailing or Email Address: contact Peggy Hanson at 435-604-0748 or peggylhanson@comcast.net								

President's Message

By Kathy Kelleher



Daylight savings time change always reminds me

that winter is slipping away. It seems as though we have been enjoying "Spring Skiing" all season yet, I say, "bring it on!"

On Lisa Hunters snowshoe to beautiful Daniel Summit, I had the pleasure of conversing with one of our new members. Barbara, who has traveled the world, recently moved from Seattle, Washington. Barbara said she was drawn to Park City because of our beautiful mountains and the invigorating activities offered here. She mentioned that she has never belonged to a club with as many activities. In addition, she complimented our members' friendly willingness to engage in all sorts of fun. I took this conversation as a compliment to all participants of our exceptional sports club. I have belonged to ski clubs in both New Jersey and New York, and agree, no other organization matches Park City Mountain Sports Club; it's members, or activities.

With the coming of spring, our Board members are busy planning biking and hiking activities, TGIFS, après hike/bike, and other summer parties. Our membership has grown to more than 400 and our event leaders need your help. Anyone interested, or even contemplating leading an event or trip, can help. Even if you're a little nervous about it, fear not, we'll help pick a trail; you're not going to be alone. So if anyone is interested in help our club out, just let me, or any member of the board know. Our volunteers are what make this club such a success.

Thanks for all the fun, Kathy :0)

Update on our ski plans for the 2014 season

Remember our regular ski schedule started on January 1, 2014. Every Friday all PCMSC members will get an email blast with the details of the ski schedule for the week. There is a standard ski schedule we will follow (see below), but some ski leaders will make changes to their program from week to week. We have already started skiing in the Cottonwood Canyons, so add your name to the contact list for one of those ski areas if you have not already done so (see below).

We are continuing to add new ski groups to our schedule for the next season. Perhaps our existing schedule does not meet your needs for skiing at a particular ski area on a particular day or at a specific difficulty level--then create a new group to meet your needs. You can experiment with your group for just a week or two if you wish. We can be very flexible! If you would like to lead a new ski group, contact Bub Carlson at pcutbub@gmail.com.

Update: no PCMSC ski day on Thursdays for rest of season

April 2014

Synopsis of Minutes of Board of Directors Meeting, March 4, 2014 By Becky Hinton

The March 4 meeting was held at Ruby Tuesday's and was called to order by President Kathy Kelleher at 6:45 pm

The minutes from the February 4, 2014, meeting were approved as written.

Kathy expressed the Board's appreciation to Paddy for a great job coordinate the Bash/Annual Meeting.

Now that Rob Brooke has assumed the Vice President duties for the Club, he would like to relinquish his newsletter editor duties. The Board is asking that any Club member who would be interested in editing the newsletter to please contact Kathy.

Club Directories, which have not been picked up, will be mailed to those members.

Dates have been confirmed for Dogs and Suds BBQ – June 20; and "Fun in the Sun" at the Jordanelle Reservoir – August 22. Mark your calendars for two great events.

Chuck Mollard and Bob Johnson will once again this year host a "bicycling kick-off" event on Saturday, April 19 to inform and get members excited about biking. During the kick-off a PCMSC bicycling jersey will be unveiled for Club members to purchase. The order must be placed by no later than April 28, and must be pre-paid. Thanks for Robin Reade for spearheading the jersey initiative.

Weather permitting, bicycling events will start on May 3 and more information will be forthcoming in the monthly newsletter.

The next meeting will be held on April 1, 2014 at 6:30 p.m. at Ruby Tuesday's.

The meeting was adjourned at 8:30 pm.

Volunteer Opportunity

Newsletter Editor (under Sylvia Benion, Director—Communications)

Park City Mountain Sports Club's newsletter is published monthly. The deadline for submission to the publisher is the 10th of the month prior to the publication month. The Newsletter Editor's role is to create a quality newsletter for members of the club. The newsletter is a vehicle to keep the members informed of sports, seasonal articles, health issues and general interest.

The Newsletter Editor should be an experienced writer and editor and have some knowledge of the publishing, public relations and communications fields. Must be able to meet deadlines. Must have access to a computer, and Internet. The Newsletter Editor must be able to liaise with board members, residents of the community, the general public, and other public and private organizations.

Duties

1. Request articles from board members; specifically, articles reporting on the activities they are responsible for.

2. Request articles from volunteers and source articles from other sources.

3. Copyedit all articles; includes correcting grammar, usage, spelling, punctuation, and other mechanics of style, figures and lists.

4. Edit articles, as required

5. Review advertisements and determine whether to include them in the newsletter.

Time Involved

The time involved will vary depending on how many articles are submitted for each issue, the amount of time involved in editing or copyediting each article, and writing articles. Time may be as little as a few hours to several hours, every month.

Volunteers who would like to take on the role of PCMSC Newsletter Editor are invited to contact, President Kathy Kelleher, Sylvia Bennion, or Rob Brooke.

Standard Weekly PCMSC Ski Schedule for 2014

Sun, at PCMR: John Logan (801-243-6833) will lead a dbl blue, black group including tree skiing and Bette Scarlet (658-0390 h, 508-769-6975 c) will lead a blue, dbl blue group.

Sun, at Canyons: Robin Reade (860-989-1519 c) and Don Twiggs (860 -989-1517) will lead a dbl blue, black group including tree skiing.

Mon, at Deer Valley: Pris and Bill Watson (649-1580 h, 659-6725 c, Bill, and 649-6726 c, Pris) will lead blue-dbl blue-black groups including tree skiing.

Mon, at PCMR: Jon Scarlet (658-0390 h, 508-450-1647 c) will lead a dbl blue, black group including tree skiing and Lisa Hunter (770-630-2233) will lead a blue-dbl blue group.

Tipsy and Taco Tuesdays, at PCMR: Kathy Kelleher (435-657-2803 h, 732-245-6022 c) will lead a blue, dbl blue, easy black group. Meet at 10:45. The group will not stop for lunch, but will stop around 2:30 or 3:00 for happy hour at Baja Cantina. If you are doing something else earlier you are still welcome to join them for some cheap margaritas or beers, cheap appetizers, and fun!

Wed, at PCMR: John Logan (801-243-6833) will lead a dbl blue, black group including tree skiing and Bette Scarlet (658-0390 h, 508-769-6975 c) will lead a blue, dbl blue group.

Wed, at Canyons: Mark Peterman (503-718-4510) will lead a dbl blue, black group including tree skiing.

Fri, at PCMR: Don Jacobs (901-2356) will lead a blue, dbl blue group.

Fri, at Canyons: Herb Lichtenstein (410-868-5758 c) will lead a dbl blue, black group including tree skiing.

Sat, at PCMR: David Anderson will lead a dbl blue-black group including tree skiing; for questions contact David at 801-599-0618. He will always lead on powder days; if not a powder day he will only lead if you contact him.

GROUP MEETING INFORMATION: We will always begin skiing at 10:00 am SHARP (except Tues & Thurs at PCMR) so make sure you have gone to the restroom in advance; it is not reasonable to expect a group to wait in the cold for anyone who is not prompt! These are our standard meeting locations: DV—the "beach" at Silver Lake in between the restaurant and Sterling lift; PCMR—top of Bonanza lift next to the demo shack or inside Summit House Restaurant on cold days; Canyons—inside Red Pine lodge at the top of the gondola; Brighton--base of Crest lift (earlier on powder days); Alta--base of Collins lift (above Goldminer's Daughter); Snowbird--on the plaza near the ticket windows. Most of these locations are one or two lifts up in the ski areas, so make sure you allow yourself plenty of time to get to the meeting places after you arrive at the ski areas.

We have expanded our ski groups to the Cottonwood Canyons, and you can be placed on an email list for that ski area by notifying the appropriate ski leader: Jay Frankenfield for Brighton (<u>jfrankenfield@icloud.com</u>), Diane and Paul Schnarr for Alta (<u>paschnarr@hotmail.com</u>), and Chuck Mollard for Snowbird (<u>chuckmollard@gmail.com</u>). Whenever that group will ski you will be notified in advance by an email blast. IMPORTANT: you will not get these email blasts unless you are on their email list. Our regular ski program begins on Jan 1, but our Brighton, Alta and Snowbird skiing will begin before Jan 1.

If the weather is questionable (too windy, too cold) please check with leaders (by 8:30 am) to be sure the ski day has not been cancelled.

Contact Bub Carlson, PCMSC Ski Coordinator, at <u>pcutbub@gmail.com</u>/ if you have any questions. More ski information is on the skiing page of the club website at <u>http://www.pcmsc.org/</u>.

April 2014 SEE EVENT PAGES, STORIES and WEB SITE FOR DETAILS and FULL DESCRIPTIONS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Skiing PCMR	2 Skiing PCMR, Canyons	3	4 TGIF Skiing PCMR, Canyons	5 Skiing Canyons
6 Apres Ski at Steve & Ann Turners, Ski PCMR, Ski Canyons	7 Skiing Deer Valley	8 Skiing PCMR	9 Skiing PCMR, Canyons	10	11 TGIF Rock & Reilly's Skiing PCMR, Canyons	12 Skiing Canyons
13 End of Season Party at Sid Hughes	14 Skiing Deer Valley	15	16	17	18 TGIF Fuego's Pizzeria	19 Cycling Kickoff Meeting
20 " " "	21 " "" fun bridge	22 "	23 " " " " " "	24	25 TGIF Sushi Blue	26
27	28	29	30			

Cottonwood Ski Days

Alta Paul Schnarr will email the PCMSC group who have expressed an interest in Alta skiing to announce a ski day at Alta. The group will ski powder, mostly through trees, when conditions permit. Early and late season days, we may ski groomed runs if there is any interest. We will meet at the bottom of Collins lift at 10:00 am. On powder days some will get there at 9:00 am (or whenever a road closing and opening permits) and re-group at 10:00. If you are late, please call Paul's cell at 801-647-2127 to arrange a meeting. Please contact Paul (801-943-9056 h or paschnarr@hotmail.com) to join the group. Paul is not expecting a large regular group, so if anyone wants to ski Alta, call him and he will probably be willing to go.

Snowbird Chuck Mollard (917-881-9022 c or <u>chuckmollard@gmail.com</u>) will lead black-double black skiing off the tram at Snowbird during the months of January through April 2014. He may start earlier in the season, if there is a lot of early snow. The group should plan to meet at 10:00 am sharp at the tram plaza level in front of the ticket window. Please be sure you are ready to go at 10:00 as the group will not be waiting for bathroom breaks or getting tickets. We all are there to ski! If anyone wants to get in some first tracks, Chuck will be at the meeting location at 08:30 to get the first tram which departs around 9:00 AM and thus get one or two runs before meeting the rest of the group.

He suggests, the easiest place to park is on the Alta By-Pass Road below the helicopter pad and then ski down to the plaza. At the end of the day, the group can ski down to their cars.

The Snowbird days will be scheduled based on anticipated above average snow conditions. As a result, the notice for a scheduled ski day at Snowbird will be sent out via an email blast the evening before. If you wish to be notified, you need to send Chuck an email so he can put you on the Snowbird email blast list. Upon receipt of his email blast, he would appreciate a return email if you plan to ski Snowbird the following day so he know how many people to expect. However, if you change your plans at the last minute he will understand as there are no friends on a powder day. Your email to Chuck should advise your cell phone number so any last minute changes can be advised by text or personal call.

The plan is to have two or three Snowbird ski days each month there is favorable weather.

If Little Cottonwood Canyon Road is closed for avalanche clearance, please call Chuck on his cell to see if there is an alternative plan.

Please note that Club members who are using a Snowbird ski pass obtained from buying a Season Pass at one of the other resorts are reminded to bring both your season pass for the other resort as well as the Snowbird pass as they will have to be presented at the ticket window to get you day ticket, which will include the tram.

Brighton Jay Frankenfield (<u>jfrankenfield@icloud.com</u>) will email the PCMSC "Brighton Bunch" to announce ski days at Brighton. The group will ski mostly trees and powder whenever conditions permit. Normally, we will meet at the bottom of the Crest Lift at 10:00. However, on select powder days, Jay's email announcement will include an earlier start time so we get the best powder. If you have a Brighton pass, you can park close to the Crest Lift and walk directly to the lift avoiding the ticket windows and a longer walk. (Note, there are restrooms beneath Molly Green's so you can use those facilities and still park close to the Crest Lift.) If you are late, please call Jay's cell (435-901-2744) and we can arrange to meet.

Apres Ski

April 6th at Ann & Steve Turner's April 13th End of Season Party at Sid Hughes

PCMSC CYCLING NEWS FOR 2014

The summer activities will again include a cycling format for three levels of road biking, in addition to mountain biking. It is planned, subject to getting sufficient volunteer leaders, to have a minimum of one ride for each category each week.

In order to kick off this year's cycling season, the two coordinators for 2014, Bob Johnson and Chuck Mollard, are co-hosting a BBQ burger dinner on Saturday, April 19. The purpose of the dinner is to gather anyone in the club that has interest in cycling this summer, to introduce interested cyclists to the program and to enlist volunteer leaders for the rides.

Also, Robin Reade, who has been working diligently on the design of a PCMSC cycling jersey, will display a mock-up of the new PCMSC cycling jersey. **Please see the picture of the jersey's design on page 8.** Any member wishing to order a jersey must pay \$74.80 in advance to cover the cost of the jersey. This can be paid in cash or check at the kick off dinner. Checks should be payable to "PCMSC" to facilitate the order process. There will be women's and men's sample jerseys available to try on to be sure you order the correct size (XS, S, M, L, XL, and XXL). There will be persons at the kick-off dinner taking orders for the jerseys. The actual order will be placed one week after the kick-off dinner, so if you want a jersey, you need to get your payment and order in prior to Monday, April 28, 2014. Any orders placed after that date will not be filled until there are a minimum of 10 new orders.

The location for the dinner will be at the Mollard's home at 2100 Bear Hollow Drive. Burgers & rolls will be provided by PCMSC, but it would be appreciated if participants would bring one dish to be shared of either an appetizer, salad, side dish or dessert. Also, it is a BYOB event, so bring beer or wine for your personal consumption.

The event will start at 6:00 PM and Chuck & Bob will give a fifteen minute presentation on the 2014 program at 6:30 with food to follow.

The co-hosts hope that anyone who has interest in cycling this summer will come to the kick-off and if you have a friend who is interested in cycling, but not yet a member of PCMSC, bring them along as well. The more participants, the better the program.

Also, be sure to check the PCMSC website to get the latest cycling information under the "Summer Sports" tab and then the "Biking" tab.

We are planning to start riding the weekend of May 3, weather permitting, with rides starting around 10:30 or 11:00 until the morning temperature warm up. For the month of May, if the temperature is below 50 F. approximately 1 hour before the start time of the scheduled ride, it will be automatically cancelled. If there are any questions concerning a scheduled ride, please contact the "ride leader".

The schedule of rides will be posted under the "Calendar" tab on the website and in the monthly newsletter. For example, the club's rides scheduled for the month of May will be published in the May newsletter. Also, each Wednesday the rides for the following week, Saturday through Friday, will be sent via the club's email list. Details on the road cycling format can be found on the PCMSC website under the "Biking" tab – "2014 Road Bike Format". Anyone interested in road biking should become familiar with the description of the three levels of road biking rides. It should be noted that riders going on B or C rides will not be left to ride on their own if they cannot keep up with the main group. However, if a rider finds that they cannot keep pace with the other riders in the group; they should consider dropping down to the next level on their next ride until they get stronger later in the summer. Mountain bikes are discouraged for road bike rides, since it is difficult to keep up the pace.

In order to insure there is a proper match-up between a rider's ability and the ride category, an effort will be made to have each of the B and C rides scheduled on the same day with a preference of either a Saturday or Sunday. Anyone wishing to ride with the A group on non-scheduled "show and go" type of rides, please send Bob Johnson your email address and he will include you on the A ride distribution list at <u>bob@njwest.com</u>. This email list will be made available to all A riders who may want to lead a non-scheduled ride and are looking for others to join in the ride.

CONTINUED ON P.8 BIKING

CONTINUED FROM P.8 BIKING

In addition, there is a document titled, "5 Biking Essentials and Ride Protocols", under the "Biking" tab on the Website. Cyclists should read this before the riding season. It should be noted that no one is permitted on a Club ride unless they wear a bicycle helmet. In addition, all participants in a Club ride (members and/or guests) must sign a "PCMSC Activity Release Form" before going on the ride. This will be presented to the riders by the ride leader at the meeting location prior to the ride.

Rides will start at the time given by the ride leader on the schedule. Therefore, it is suggested that riders arrive 15 minutes before the start time so that the release form can be signed and everyone is ready to start riding at the stated time.

PCMSC ROAD CYCLING ESSENTIALS

While not mandatory, the Club suggests that riders bring the follow five essentials on a ride:

- Fluids Water, sports drink bring more than the minimum
- Clothes Bright colored cycling shirt and rain jacket is recommended
- Food Power bars or, if there are no food stops noted in the ride description on a long ride, lunch
- Personal Sunglasses, sunscreen, health insurance card, credit card
- Equipment Make sure you bicycle is in good condition. Test tire pressure, brakes and gears before going on a Club ride. A spare tube, patch kit and pump should be in your tool kit. A cell phone is highly recommended. A rear view mirror can be handy.

MILEAGE LOG

For those persons that want to track their ride mileage, there is a log in an excel format that can be used to track your monthly mileage. This can also be found under the "Bicycle" tab on the Website and is titled "Bike Logs". If you have any question on how to use the log sheet, please contact one of the coordinators and they can help you get started. BIKE HELMET

Also, there is a posting on the Website regarding bike helmets. It was written several years ago, but is still applicable. We look forward to seeing many of you out on your bike this season.

CELL NUMBERS OF COORDINATORS: Bob Johnson – 908-310-3824

Chuck Mollard - 917-881-9022



THE DNA CYCLING LOGO MUST APPEAR AT LEAST ONCE ON THE FRONT AND THE BACK OF THE JERSEY This file shows approximately what your design will look like on a size medium/large piece of clothing. Once this is approved, you will see one more file that shows the open shapes at 100% for final approval before production. HPPORTANT: The partore codes included are for inferences. Variations and to a size medium/large piece of clothing. Once the shapes of your articles, the arthonics can be subjected to variations after the approxit. Make size Logs and speting in council. DMCCycling will not be teld mappingle in the teld mappingle of the inference variations and to adapt the graphic to the shapes of articles, the arthonics on more subjected to variations after the approxit. Make size Logs and speting in council. DMCCycling will not be teld mappingle of inference variations and to adapt the graphic to the shapes of articles, will arthonic a more one of the mapping of the specific council. DMCCycling will not be teld mappingle of the inference variations and the approxit. Make size Logs and speting in council. DMCCycling will not be teld mappingle of the inference variations and to adapt the graphic to the shapes of JUL09 2013

April 2014



PCMSC APRIL BIRTHDAYS 2014

- 1 Jay Jones
- 2 Armando Melendez
- 4 Bonnie Melendez
- 5 Mike Davison
- 7 Carl Jordan
- 8 John Kelleher
- 9 Janet Garreffi
- 11 Peg Carty
- 14 Patricia Olivieri, Jane Washington
- 15 Jinny Vallor, Cathy Goldman,
- 15 Mike Gallagher
- 16 Fritz Gennerman
- 18 FloJo Gennerman, Anna Lea Kantor
- 19 Robin Filion, Frank Traczyk
- 20 Judy Barnard, Jeff Tessiatore
- 21 Sharon Krohn
- 23 Bill Silliman



- 26 Robin Reade, Linda Miller
- 27 David Lerner, Karyn Barsa
- 29 Andrea Barros, Gary Drage,
- 29 Steven Miller
- 30 Mary Lou Gilotti



Special Interests Resource Contacts

PCMSC now has a number of people who have volunteered to provide our members with information on activities available in Park City. Please contact the following people if you would like to receive the information they have put together:

BRIDGE:

We do not teach but if you wish to play in one of the Club Bridge groups, please contact Bub Carlson <u>pcbub1@gmail.com</u>

ICE SKATING:

Cindy Gastonguay cgastonguay@comcast.net

WILDLIFE PROTECTION SOCIETY: Jackie Fehr <u>ular@earthlink.net</u>

PCMSC Welcomes New Members

William and Elissa Oshinsky, Maureen Tracy, Fred and Diane Conley, Dave and Pennie Strebel, Marilynn Robison QUILTING, KNITTING, SPINNING GROUPS

Peggy Stuart pudelfreund@juno.com

P.O. Box 682577 Park City, Utah 84068-2577 **Visit the PCMSC website**

