



# PCMSC Newsletter September 2014

P.O. Box 682577  
PARK CITY, UTAH 84068-2577  
WWW.PCMSC.ORG

## *July 24th PCMSC Hike, Empire Pass to Heber overlook*



### *Upcoming September 2014 TGIF*

- 09/05/2014 Potluck at Sam Wilkinson's home, 2915 American Saddler, PC 84060
- 09/12/2014 The Jeremy Country Club, 8770 N. Jeremy Rd., PC 84098
- 09/19/2014 Potluck at Karen Halverson's, co-hosted by Lisa Hunter, 3325 Crestline Dr., PC 84060
- 09/26/2014 Wasatch Brew Pub, 250 Main St., PC 84060



If you know of a Bar, Club or Restaurant which would appreciate our Friday night business,  
please contact Karen Halverson at [khalverson01@gmail.com](mailto:khalverson01@gmail.com).  
All TGIFs begin at 6:00 p.m. unless otherwise announced.

## PCMSC Board of Directors

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Charlie Sturgis  
Todd Thibalt

Jan's Mtn Outfitters  
White Pine Touring  
Cole Sports

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[shooley@comcast.net](mailto:shooley@comcast.net)

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801-231-0311  
[sylvia\\_bennion@hotmail.com](mailto:sylvia_bennion@hotmail.com)

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435-658-0390  
[scarlet202@comcast.net](mailto:scarlet202@comcast.net)

Winter Sports~ Lisa Hunter  
770- 630-2233  
[hunt5994@bellsouth.net](mailto:hunt5994@bellsouth.net)

TGIF~ Karen Halverson  
314-304-4007  
[khalverson01@gmail.com](mailto:khalverson01@gmail.com)

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435-214-7567  
[paddymollard@gmail.com](mailto:paddymollard@gmail.com)

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[peggyhanson@comcast.net](mailto:peggyhanson@comcast.net)

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[danderson@dcalaw.org](mailto:danderson@dcalaw.org)

Alpine Sports~ Bub Carlson  
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[pcbub1@gmail.com](mailto:pcbub1@gmail.com)

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[rbrooke@tribalexpressions.com](mailto:rbrooke@tribalexpressions.com)

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To Send Email ~ [pcmscemail@pcmsc.org](mailto:pcmscemail@pcmsc.org)

**To Submit Newsletter Articles:** E-mail to Rob

Brooke, [news@pcmsc.org](mailto:news@pcmsc.org)  
Deadline is 10th of the month.

**To Advertise in the Newsletter:** Call David  
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**For Newsletter Subscription, Change of Mailing  
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435-604-0748 or [peggyhanson@comcast.net](mailto:peggyhanson@comcast.net)

## Message from the President

By Kathy Kelleher



It has been a busy summer. Sports club members have participated in record numbers with lots of hikes, biking, paddling, TGIF-ing, and social events. I extend a big thank you to all our leaders for all your hard work in organizing our events, and to our members who have helped make them a success.

With membership reaching to nearly 500, a record in my experience, the board and event leaders are discussing actions that must be taken to manage larger numbers of people to ensure enjoyable, safe, and positive experiences. As many of you know, I work as an Emergency Room Nurse at Park City Medical Center. Accordingly, safety is always a concern of mine. So remember, if you're hiking, keep in mind the six essentials- fluids, food, proper clothes and shoes, personal equipment, and a map or navigation device. Be aware of your abilities, don't hike alone, and use a buddy system on the trail so no one gets left behind.

For Bikers, please don't exceed your ability, always wear a helmet. There's a reason they call it a "Brain Bucket," because it saves brain matter. As for our Paddlers, please wear your PFD, or personal floatation device. We used to call them "Life Jackets," get it – life. We're not all accomplished swimmers, and wearing one can save a life if something unforeseen should happen. It's been a GREAT Summer, and thanks leaders, and hosts for making it FUN.

Stay safe my friends, and Happy Trails!

Kathy :o)

## Synopsis of Minutes of the Board of Directors Meeting - August 5, 2014

The PCMSC board meeting was called to order at 7:00 P. M. by President Kathy Kelleher, a quorum was present and the minutes of July 1, 2014 were approved.

With more efficient and effective methods of communication, the board has elected to cease publication of a printed newsletter. Effective November 2014, our monthly Presidents message, schedule for TGIF's, photos, and all other club activities will be sent electronically. Our collective thanks are extended to Larry Grabarnick for his many years of service preparing the PCMSC Newsletter.

Our former secretary, Becky Hinton, has departed for South Carolina, to pursue her career with Montage Hotels. On behalf of all members, the board expressed gratitude for her service, participation, and contribution to our club. The board welcomes Sheree Anshel, a new member from Dallas, Texas, who will join our board as secretary.

Stan Hooley reported that the clubs finances are sound. Peggy Hanson volunteered to explore storage units to house clubs materials in one central location. Peggy also reported that our current membership has grown to 480 members. Chuck Mollard, substituting for Jon Scarlett, Summer Activities coordinator, mentioned that Hiking and Biking activities have well attended.

CONTINUED ON P.8. MINUTES

September 2014

## ***PCMSC Moderate September Hikes 2014***

September is a great month for hiking – its' getting cooler, the leaves are turning colors, and it is month closer to skiing. Here are our September hikes. – Jay Frankenfield

Monday, September 1<sup>st</sup> (Labor Day) Bub Carlson will lead a moderate hike to Summit Park Peak. This is a loop route of about 3 ½ hrs and 5 miles with a 1,400 ft elevation gain. Bring a snack or lunch to eat at the top while we enjoy the wonderful views. Dogs are allowed. Meet at PC Bagels in Pinebrook at 9:00. Bub's number is 658-4728 (h). Review the list of the Six Hiking Essentials.

Saturday, September 6<sup>th</sup> Diane Schnarr will lead a moderate hike from the top of Pinebrook to the Canyons via the Mid-Mountain Trail. The hike is about 800 vertical feet and will last about 3.5 hours. If we are lucky, we should see the start of fall colors. Meet at PC Bagels at 9:00 to carpool to the trail head. Bring a snack or lunch to enjoy at the turnaround overlooking the Boa ski. Diane's number is 801-943-9056 (h) or 801-502-8202 (c). Dogs are welcome and don't forget the Six Hiking Essentials.

Thursday, September 11<sup>th</sup> Barry & Linda Leaventon will lead a Shingle Creek Hike. Meet at Wasatch Bagel at 8:30. We will carpool to the trail head on the left at mile marker #10 in the Uintas. Bring your National Park Pass. We will hike 1 3/4 hours to the second bridge, along the stream the entire way. Very little elevation gain. We will stop for a snack and turn around before the serious elevation gain. Dogs, moose, cattle, and deer welcome. Those desiring will stop for lunch in Kamas at the Mirror Lake Diner, so make sure you carpool with those desiring lunch or not desiring lunch. Barry & Linda Leaventon, 216-214-4502, [lr1814@comcast.net](mailto:lr1814@comcast.net)

Sunday, September 14<sup>th</sup> Denny Saturnino will lead a moderate hike on the great Western Trail north from Big Mountain Pass. This out and back hike will be 4-5 miles with about 1,200 foot elevation gain. We haven't done this hike in several years, but the views along the top of the ridge are great! Sorry, but no dogs allowed in Salt Lake drainage. Meet at PC Bagels in Pinebrook at 9:00. Denny's number is 435 659 1666 and email is [dennysat@hotmail.com](mailto:dennysat@hotmail.com). Please review the list of the Six Hiking Essentials.

Sunday, September 21<sup>st</sup>, Marion Klaus will lead a moderate "out and back" hike along the Great Western trail from Guardsman Pass to Scotts Peak and beyond. The hike will be about 6 miles, have a 1,000 ft vertical, and take 3.5 to 4 hrs. Since the hike is along the Wasatch Crest the views are stunning. Dogs are not permitted in the Salt Lake watershed. Bring a snack or lunch to enjoy along with the view. Meet at 9:00 at Wasatch Bagels or at 9:30 at the Guardsman Pass trailhead. Marion's numbers are 435 604 0314 (h) and 801 4400 4385 (m). Please review the list of the Six Hiking Essentials.

Sunday, September 28<sup>th</sup>, Lori and Ed Tarmey will lead a moderate hike on the Mormon Trail. The hike is about 6 miles round trip with an 800 foot elevation gain. Lori and Ed guarantee the fall foliage will be beautiful. Bring a snack or lunch to enjoy at the turnaround point. Meet at PC Bagels in Pinebrook at 9:00. Dogs are welcome. Lori's number is 954 444 9723 or [LATarmey@comcast.net](mailto:LATarmey@comcast.net)

### ***Overall Ball Gala, and fundraiser.***

October 4th, at the Canyons Grand Summit Ballroom.

Each year, Habitat for Humanity puts on the "best dress down gala in town," to benefit affordable housing solutions for our neighbors in Summit and Wasatch Counties. The link to the electronic invitation is here: <http://conta.cc/1rWz4B4>. If you have any questions, please feel free to contact Jon Scarlett at 206.799.3808. They are looking for volunteers to help at the event. Shifts and roles vary. Call 435-658-1400 to learn more and sign up.

*August 6th Lofty Lakes*



*Empire Pass to Jupiter Peak Hike, Jiang Ma leader, July 26, 2014.*



*September 2014*

## ***PCMSC Strenuous Hikes for September 2014***

Sunday, September 21, 2014, Iron Mountain with views of Autumn Aloft, a semi-strenuous hike. Autumn Aloft (a hot air balloon show) is returning after many years to Park City. The leader, Pam Carlquist, is inviting club members for an early morning brisk hike to the top of Iron Mountain. Please consider bringing a thermos of coffee, breakfast items, etc. and watch the festivities. Meet the leader at 7 AM at the trailhead for a prompt departure. The festivities start at 7 AM and go until about 9:30 AM. We'll be moving swiftly up the mountain to catch as much of it as we can. For more information contact the leader, Pam Carlquist, 435.513.0597



September 28, 2014, Mt. Nebo a strenuous hike. Pam Carlquist will lead a strenuous hike of Mt. Nebo. This may offer fall colors at some elevations. The hike is to the south peak, elevation 11,877 with a total elevation gain of about 5,300 feet. The duration will be about eight hours.

Mt. Nebo is the highest mountain in the Wasatch Range, offers exceptional views and pleasurable hiking. Bring adequate fluids, rain gear (the summit is cool and windy), food and other essentials. Dogs are invited. Please meet at Wasatch Bagels at 7:30 AM to carpool to the trailhead. For more information contact the leader, Pam Carlquist, 435.513.0597

## ***CYCLING NEWS FOR SEPTEMBER***

As we head into the fall season, the biking program for 2014 will start to finalize its last full month of scheduled rides. It has been a very good year and we have seen many new faces and well as much improved riders from last year. A number of C riders have moved up to be B riders this year as well as B riders joining the A group. We would like to thank Robin Reade and Don Twiggs for hosting the annual Tour of Wanship pot luck picnic and bike ride in July and especially to Robin and Chuck for organizing the purchase of our new bike jerseys. We now look like a real team. If you are interested in purchasing a PCMSC bike jersey for next year, please contact Robin Reade at:

[readetwiggs@allwest.net](mailto:readetwiggs@allwest.net)

We would also like to thank Don Winsor and Ellen Sherk for putting a kick into our mountain biking program this year. They have definitely improved interest in mountain biking within the club.



A riders reach the Wyoming state line during the Tour of Wanship ride in July

September 2014

## ***September Bike Rides***

August 30 – Sept. 5

Saturday, August 30 – B-Ride

Leader – Chuck Mollard – Cell 917-881-9022

Meet at Hogle Zoo parking lot at 9:00

This is an out and back ride of about 23 miles from Hogle Zoo up Emigration Canyon, right on SR 65 to I-80 and return. Two nice climbs and then lots of downhill. (If some want a shorter ride they can wait at the top of Emigration Canyon and skip the other climb.)



Saturday, August 30 – C-Ride

Leader: Judy Horwitz – Cell 847-370-6688

Meet at 9:00 AM at Wasatch Bagels or at 9:15 at intersection of SR 248 and Democrat Alley (on left turn when you are going toward Kamas). This will be a 17.5 mile out and back ride along Democrat Alley, (last two miles unpaved but packed gravel), left on Rob Young Lane to Peoa and return on Rob Young to SR 32 and return to the starting point.

The terrain is relatively flat and suitable for road bikes or hybrid bikes.

Friday, September 5 – A-Ride

Leader Paul Pietras – Cell 561-350-9750

Meet at 9:00 AM at Basin Recreation Parking lot on Ute Blvd.

This will be a 42 mile loop around Park City with a climb up to Olympic Park, down through Bear Hollow and the Cove, make the right turn on Meadows Drive to Aspen Springs Drive, down on Iron Mountain Drive to Thaynes Canyon Drive and Three Kings Drive by the Park City Golf Course, climb Lowell Avenue by PCMR down Empire Drive back by the Golf Course again to Pay Day Drive over to 224. Take 224 to Old Ranch Road to Trail Side, go by Home Depot to Richardson Flats then down Kearns. Right on Monitor into Park Meadows where we do the climb up Meadows Drive down to 224 and return. There will be lots of climbing.

September 6 – 12

Sunday, September 7 – B-Ride

Leader Kathy Becker – Cell: 435-714-9578

This will be an 18-mile Brown's Canyon Pink Polka Dot Jersey B Ride. The ride departs and ends at Park City Intermountain Hospital. Riders will go along SR 248, then down and back up Brown's Canyon, returning to the hospital for lunch. The hospital has a terrific cafeteria. Meet in front of the hospital at 10 am. There will be prizes for the "fastest time" and the "enjoy the most scenery" cyclists during the ride up Brown's Canyon. There will also be a prize for the best "young" rider and best "senior" rider. The ceremony will happen at the hospital cafeteria.

September 13 – 19

Saturday, September 13 – A-Ride

Leader Mike Borrelli – Cell 609-330-1563

Meet at the Kamas Foodtown at 9:00AM. This ride will be about 40 miles and will head up to Nobletts rest area in Wasatch National Forest and then loop back towards Woodland, Francis, and Kamas. We plan on joining up with the B riders after the ride for lunch in Kamas.

Saturday, September 13 – B-Ride

Leader Pam Carlquest – Cell: 435-513-0597

Meet at the Kamas Foodtown at 9:30AM. This will be one of Pam's famous Woodland rides through the beautiful Kamas valley of about 25 miles. We plan on joining up with the A riders after the ride for lunch in Kamas.

CONTINUED ON P. 8. BIKING



Anke changing Lisa Hunters bike tire. Safety in numbers.



A Ride group at the top of Chalk Creek Road on July 19.

*September 2014*

CONTINUED FROM P.6. BIKING

September 20 – 26

Saturday, September 20 – A-Ride

Leader Chuck Mollard Cell: 917-881-9022

This ride will start in Coalville at the courthouse at 9:30AM. Detail routes will be published later in September.

Saturday, September 20 – B-Ride

Leader Karen Halvorson Cell: 314-304-4007

This ride will start in Coalville at the courthouse at 9:30AM. Detail routes will be published later in September.

Saturday, September 20 – C-Ride

Leader Mike Cohen Cell: 435-640-9644

This ride will start in Coalville at the courthouse at 9:30AM. Detail routes will be published later in September.

September 27 – October 3

Saturday, September 27 – A Ride

Leader Bob Johnson Cell: 908-310-3824

Ride starting time and route will be published in September and will be coordinated with the B group ride that day.

Saturday, September 27 – B-Ride

Leader Howard Kantor Cell: 413-695-0277

Ride starting time and route will be published in September.

CONTINUED FROM P.2. MINUTES

The new Aquatic program has been very successful. The PCMSC board thanks Susan LeGlise, and Mike Cohen for all their work in making water activities available to our club members.

The Board discussed safety concerns for all members. Recommendations were made to encourage activity leaders to insist on use of helmets or personal flotation devices, and other safety measures, as appropriate, when involved with club sponsored activities.

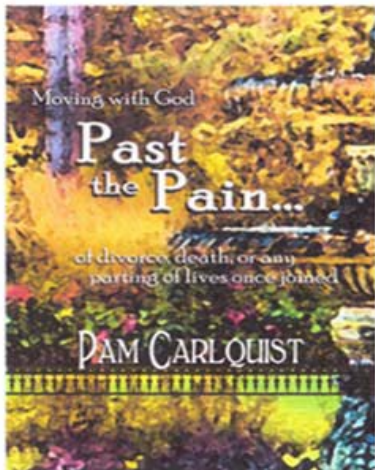
Chuck Mollard reported that plans for the Halloween and Christmas parties are in progress. The next PCMSC board meeting is scheduled for Tuesday, September 2, 2014, location to be announced. The meeting was adjourned at 9:30 PM.



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You are invited to a Social on  
September 4, 2014 6:00 PM - 8:00 PM at the  
Jeremy Ranch Golf & Country Club

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Come Mingle with other guests while enjoying complimentary wine and hors d'oeuvres.

- Get a quick market update on the exciting real estate activity in the Jeremy Ranch and Pinebrook areas
- Considering Selling? Hear about Chris Simons' Listing Commission Savings offer for first time Clients
- Drawings for 2 free Combo Golf Twosome/Social Membership Packages (good through end 2014)
- Learn how low mortgage interest rates are and how easy it can be to refinance or purchase

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## PCMSC SEPTEMBER BIRTHDAYS 2014

1	Dana Morgan, Susan Simons	24	Mary Swanwick
2	John Carty, Margo Foster	25	Don Jacobs,
3	Bob McClenachan		Sherrie Bercuson
5	Ellen Wells, Hank Merrill,	26	Sharon Kellner
	Linda Wilson	28	Mary Ellen Segodnia
8	Ruth Mather	29	Thomas Argyris,
9	John Longmuir		Mary L. Allen, John Miller
10	Kathy Kelleher	30	Cherie Meeboer
11	Adele Forman		Dolores Shapiro,
13	Barry Leaventon, Victor Bell,		Maureen Tracy
	Steven Holmes		
14	Teri Boone		
16	Jane Marantz, Steve Turner,		
	Bonna Fenzl		
17	Jean Ballinger		
19	Chuck Mollard		
20	Jean Rusk		
21	Jack Karmel, Jean Daly		



### *New Members In August*

David Scheffman and Linda Steadman, Hamilton and Barbara Easter, Winifred Thomas, Victoria Randall, Linda Taylor, John Curtis, Maria Penner, Janet and Jerry Quatela, Marco and Christine Andrei

## *Special Interests Resource Contacts*

PCMSC now has a number of people who have volunteered to provide our members with information on activities available in Park City. Please contact the following people if you would like to receive the information they have put together:

### BRIDGE:

We do not teach but if you wish to play in one of the Club Bridge groups, please contact Bub Carlson [pcbub1@gmail.com](mailto:pcbub1@gmail.com)

### ICE SKATING:

Cindy Gastonguay  
[cgastonguay@comcast.net](mailto:cgastonguay@comcast.net)

### WILDLIFE PROTECTION SOCIETY:

Jackie Fehr [ular@earthlink.net](mailto:ular@earthlink.net)

### QUILTING, KNITTING, SPINNING GROUPS

Peggy Stuart [pudelfreund@juno.com](mailto:pudelfreund@juno.com)

P.O. Box 682577  
Park City, Utah 84068-2577  
Visit the PCMSC website  
at [www.pcmssc.org](http://www.pcmssc.org)

